

# So Superstitious

COPPER KNOB  
STEPSHEETS

拍數: 104      牆數: 2      級數: Phrased Advanced  
編舞者: Linda McCormack (UK) & Gary O'Reilly (IRE) - August 2016  
音樂: Superstitious - MKTO : (amazon & iTunes)



#16 count intro - Sequence: A, B, C, Tag, A, C, Tag, C, B, C, C, ½ Tag

## Part A – 56 counts

### Section A1: Heel Grind, Ball Cross Side Heel Together, Press, Sweep, Sailor ½ L

- 1 2 &      Grind right heel across left (1); step left to left side (2); step right next to left (&);  
3 & 4      Cross left over right (3); step right to right side (&); dig left heel diagonally forward turning ¼  
left (4); [10.30]  
& 5 6      Step left next to right (&); rock/press forward on right (5); recover on left sweeping right  
around from front to back (6);  
7 & 8      Cross right behind left (7); ¼ turn left stepping left to left side [7.30] (&); ¼ turn left stepping  
forward on right (8); [4.30]

### Section A2: Lock, Rock Recover, Back, Cross, ⅛, Together, Forward, ¼, Side, Cross, Side, Behind

- & 1 2      Lock step left behind right (&); rock forward on right (1); recover on left (2);  
&3 &4      Step back on right (&); cross left over right (3); ⅛ turn left stepping back on right (&); step left  
next to right (4); [3.00]  
5 6      Step forward on right (5); ¼ turn right stepping on ball of left to left side slightly back and  
rocking to left (6); [6.00]  
7&8&      Step right to right side (7); cross left over right (&); step right to right side (8); cross left behind  
right (&);

### Section A3: Side Rock, Behind, ¼, ¼, Behind, Side Rock, Behind, ¼, Pivot ¼

- 1 2      Rock right to right side swaying hips to right (1); recover on left (2);  
3&4&      Step right behind left (3); ¼ turn left stepping forward on left (&); ¼ turn left stepping right to  
right side (4); step left behind right (&); [12.00]  
5 6      Rock right to right side swaying hips to right (5); recover on left (6);  
7&8&      Step right behind left (7); ¼ turn left stepping forward on left (&); step forward on right (8);  
pivot ¼ turn left (&); [6.00]

### Section A4: Heel Grind, Ball Cross Side Heel Together, Press, Sweep, Sailor ½ L

- 1 2 &      Grind right heel across left (1); step left to left side (2); step right next to left (&);  
3 & 4      Cross left over right (3); step right to right side (&); dig left heel diagonally forward turning ¼  
left (4); [4.30]  
& 5 6      Step left next to right (&); rock/press forward on right (5); recover on left sweeping right  
around from front to back (6);  
7 & 8      Cross right behind left (7); ¼ turn left stepping left to left side [1.30] (&); ¼ turn left stepping  
forward on right (8); [10.30]

### Section A5: Lock, Rock Recover, Back, Cross, ⅛, Together, Forward, ¼, Side, Cross, Side, Behind

- & 1 2      Lock step left behind right (&); rock forward on right (1); recover on left (2);  
&3 &4      Step back on right (&); cross left over right (3); ⅛ turn left stepping back on right (&); step left  
next to right (4); [9.00]  
5 6      Step forward on right (5); ¼ turn right stepping on ball of left to left side slightly back and  
rocking to left (6); [12.00]  
7&8&      Step right to right side (7); cross left over right (&); step right to right side (8); cross left behind  
right (&);

### Section A6: Side Rock, Behind, ¼, ¼, Behind, Side Rock, Behind, ¼, Step, Lock

- 1 2      Rock right to right side swaying hips to right (1); recover on left (2);

- 3&4& Step right behind left (3); ¼ turn left stepping forward on left (&); ¼ turn left stepping right to right side (4); step left behind right (&); [6.00]
- 5 6 Rock right to right side swaying hips to right (5); recover on left (6);
- 7&8& Step right behind left (7); ¼ turn left stepping forward on left (&); step forward on right (8); lock left behind right (&); [3.00]

**Section A7: Rock Recover, Together, Rock Recover, Together, Cross, ⅙, ⅙, Forward**

- 1 2 & Rock forward on right (1); recover on left (2); step right next to left (&);
- 3 4 & Rock forward on left (3); recover on right (4); step left next to right (&); [3.00]
- 5 6 Cross right over left (5); ⅙ turn right stepping back on left (6);
- 7 8 ⅙ turn right stepping right to right side (7); step forward on left (8); [6.00]

**Part B – 16 counts**

**Section B1: Out, In, Kick, Together, Rock Recover Cross, Touch, Point, ½, Rock Recover Cross**

- 1&2& Touch right out to right side (1); touch right next to left (&); low kick forward right (2); step right next to left (&);
- 3&4& Rock left to left side (3); recover on right (&); cross left over right (4); touch right next to left (&);
- 5 6 Point right to right side (5); ½ turn right stepping right next to left (6); [12.00]
- 7 & 8 Rock left to left side (7); recover on right (&); cross left over right (8);

**Section B2: Side, Touch, ¼, Pivot ½, Rock Recover, Back, Back, Sailor ¼ Touch**

- & 1 2 Step right to right side (&); cross point left behind right (1); ¼ turn left stepping forward on left (2); [9.00]
- 3&4& Step forward on right (3); pivot ½ turn left (&); rock forward on right (4); recover on left (&); [3.00]
- 5 6 Walk back right while swivelling left toe up and out (5); walk back left while swivelling right toe up and out (6);
- 7 & 8 Step right behind left (7); ¼ turn left stepping slightly forward on left foot(&); touch right next to left (8); [12.00]

**Part C – 32 counts**

**Section C1: Side, Knee In, ¼, Pop, Coaster Cross, ½, ½, Ball Step, Ball Step**

- 1 Step right to right side (1);
- 2 & 3 Pop left knee in towards right (2); pop left knee out turning ¼ to left (weight on right with pointed toe) (&); recover weight on left while sliding right toe next to left and popping right knee forward (3); [9.00]
- 4 & 5 Step back on right (4); step left next to right (&); cross step right over left (5);
- 6 7 ½ turn left transferring weight to left (6); ½ turn right transferring weight to right (7);
- &&1 Step left next to right (&); ¼ turn right taking small step forward on right (8); step left next to right (&); ¼ turn right taking small step forward on right (1); [3.00]

**Section C2: ¼ Side, Hip Roll pushing hips forward, Hips Back, Out, Out, Knee Pop, Together, cross, Knee Pop**

- 2 3 4 ¼ turn right stepping left to left side as you roll hips round and backwards from left to right (2); ¼ right, right heel on ground with toe presented up and push hips forward, weight slightly on heel (9.00 wall) (3); bring weight back onto left as you bring hips back into alignment (4);
- &5&6 step right out and slightly back (&); step left out and slightly back (5); bop both knees forward at same time, lifting heels (&); recover heels back down and bring knees back (6);
- &7&8 step right in (&); cross left over right (7); bop both knees forward whilst crossed, lifting heels (&); recover heels back down and knees back (8);

**Section C3: ¼, Rock Forward, Recover, Back, Cross, Back, Side, Cross, Back, Side, Cross, Side**

- 1 2 3 4 ¼ right stepping forward on the right (1); rock forward on the left (2); recover weight back onto right (3); step back on left (4);
- 5 & 6 cross right over left (5); step left back and slightly to left diagonal (&); step right to right side (6);

& 7 & cross left over right (&); step right back and slightly to right diagonal (7); step left to left side (&);

8 & cross right over left (8); step left to left side (&);

**Section C4: R Cross Samba, L Cross Samba, Rock Forward, Recover, Back, ½**

1 & 2 cross right over left (1); step left back and slightly to left diagonal (&); step right to right side (2);

3 & 4 Cross left over right (3); step right back and slightly to right diagonal (&); step left to left side (4);

5 6 Rock forward on right (5); recover weight back onto left (6);

7 8 Step back on right (7); ½ over left shoulder stepping forward on the left (8);

**Tag: Step, Pivot ½, Step, Pivot 1/2**

1 2 Step forward on right (1); ½ turn over left shoulder, finishing weight forward on left (2);

3 4 Step forward on right (3); ½ turn over left shoulder, finishing weight forward on left (4);

**Note: dance finishes on count 2 of the Tag**

**Last Update - 13th Oct 2016**

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