

# Had Enough

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Frank Heelan (IRE) - September 2016  
音樂: Blow Me (One Last Kiss) - P!nk : (Clean Version)



Intro: 16 Counts.

**Sec. 1: Kick ball change, side rock recover, ball step, back. Coaster step.**

1&2      Kick right forward, touch ball of right next to left, step on left.  
3-4      Rock right to right, recover to left.  
&5-6      Step ball of right next to left, step left to left, step back right.  
7&8      Step back left, right together, forward left.

**Sec. 2: Shuffle forward, pivot ¼ , cross turn ¼ , chasse turn ¼ .**

1&2      Forward right, left together, forward right.  
3-4      Step forward left, pivot ¼ right,  
5-6      Cross left over right, turn ¼ left stepping back on right (12.00)  
7&8      Turn ¼ left stepping left to left, right together, left to left. (9.00)

**Sec. 3: Rocking chair, step ½ turn, shuffle forward.**

1-2      Rock forward right, recover to left.  
3-4      Rock back right, recover to left.  
5-6      Step forward right, pivot ½ left, ( weight to left)  
7&8      Forward right, left together, forward right. (3.00)

**Sec. 4: Side behind, chasse ¼ turn, rock recover, ½ turn right.**

1-2      Step left to side, right behind.  
3&4      Step left to left, right together, turn ¼ left stepping left forward.  
5-6      Rock forward right, recover to left.  
7-8      turn ½ right stepping forward right, step forward left.

Restart: wall 5 after 8 counts. (12.00)

Tag & Restart on wall 10 after 8 counts (12.00)

Rocking chair, step ½ turn, step ½ turn.

1-2      Rock forward right, recover to left.  
3-4      Rock back right, recover to left  
5-6      Step forward right, pivot ½ left.  
7-8      Step forward right, pivot ½ left.

Contact: [heelanjohnl@gmail.com](mailto:heelanjohnl@gmail.com)