

Hangin Out

拍數: 32 牆數: 4 級數: Beginner
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音樂: Hangin Out - Danielle Marie : (amazon, iTunes)



Sec 1. Tap, Kick, Tap, Kick, Sailor Step, Skate, Skate

1-2 Tap Right toe behind left foot (1), Kick Right foot forward on right diagonal
3-4 Tap Right toe behind left foot (3), Kick Right foot forward on right diagonal
5&6 Step Right behind left (5), Step Left to left side (&), Step Right to center (6)
7-8 Slide Left foot forward (7), Slide Right foot forward (8)

Sec 2. Tap, Kick, Tap, Kick, Sailor Step, ¼ Turn Sailor

1-2 Tap Left foot behind right foot (1), Kick Left foot forward on diagonal (2)
3-4 Tap Left foot behind right foot (3), Kick Left foot forward on diagonal (4)
5&6 Step Left behind right (5), Step Right to right side (&), Step Left to center (6)
7&8 Step Right behind left (7), Step Left to left side making ¼ turn right (3:00), Step Right to center (8)

Wall 11 – Insert 2 Count Tag here

Sec 3. Side Shuffle, Rock/Recover, Toe Strut, Toe Strut

1&2 Step Left to left side (1), Step Right beside left (&), Step Left to left side (2)
3-4 Step Right back (3), Recover weight forward on Left (4)
5-6 Step Right toe forward (5), Step down fully on Right (6)
7-8 Step Left toe forward (7), Step down fully on Left (8)

Sec 4. Side Shuffle, Rock/Recover, Out/Out, Clap, Out/Out, Clap

1&2 Step Right to right side (1), Step Left beside right (&), Step Right to right side (2)
3-4 Step Left back (3), Recover weight forward on Right (4)
&5-6 Step Left forward and out slightly (&), Step Right forward and out slightly (5), Clap (6)
&7-8 Step Left back to center (&), Step Right back to center (7), Clap (shift weight to left) (8)

Tag – 2 Counts – Wall 11

1-2 Turn Left knee in to center tapping toe (1), Tap Left heel to left forward diagonal (2)

Have Fun!