

Used To Love You

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sadiah Heggernes (NOR/UK) - September 2016
音樂: Used to Love You - Gwen Stefani : (Album: This Is What The Truth Feels Like - iTunes)



#16 Count intro – start on vocals

S1: □□ Side, Rock Back, Point, Kick Ball, Cross, ¼ Turn L, R Shuffle Forward

1-2& Step R to side. Rock back on L. Recover onto R crossing slightly over L
3-4& Point L to side. Kick L to L diagonal. Step L beside R
5-6 Cross R over L. ¼ turn L. Step forward on L (9.00)
7&8 Step forward on R. Step L beside R. Step forward on R

S2: □□ Ball Point, Kick Ball Point, Kick Ball, Step, Touch, Shuffle ½ Turn L

&1 Step ball of L beside R. Point R
2& Kick R forward. Step R beside L.
3-4& Point L to side. Kick L forward. Step L beside R.
5-6 Step forward on R. Touch L behind R
7&8 ½ turn shuffle L stepping L-R-L□ (3.00)

S3: □□ Syncopated Rocks Forward, ¼ Turn L, Side, Behind, R Chasse

1-2& Rock forward on R. Recover onto L. Step ball of R beside L
3-4& Rock forward on L. Recover onto R. Step ball of L beside R
5-6 ¼ turn L. Step R to side. Cross L behind R (12.00)
7&8 Step R to side. Step L beside R. Step R to side

S4: □□ Syncopated Side Rocks, Modified ½ Monterey Turn R, Side Rock & Cross

&1-2 Step ball of L beside R. Rock R to side. Recover onto L
&3-4 Step ball of R beside L. Rock L to side. Recover onto R
&5-6 Step ball of L beside R. Touch R to side. ½ turn R on ball of L. Step R beside L□ (6.00)
7&8 Rock L to side. Recover onto R. Cross L over R

S5: □□ Nightclub Basic R, ¼ Turn L, Nightclub Basic L, Side, Drag, Runs Back

1-2& Step R to side. Rock back on L. Recover onto R crossing slightly over L
3-4& ¼ turn L. Step L to side. Rock back on R. Recover onto L crossing slightly over R (3.00)
5-6 Long step on R to side. Drag L beside R (weight stays on R)
7&8 Run back L-R-L

S6: □□ Ball Cross, Side x 2, Ball Cross, ¼ Turn R, Chase ½ Turn R

&1-2 Step ball of R beside L. Cross L over R. Step R to side
&3-4 Step ball of L beside R. Cross R over L. Step L to side
&5-6 Step ball of R beside L. Cross L over R. ¼ turn R. Step forward on R (6.00)
7&8 Step forward on L. ½ pivot R. Step forward on L□ (12.00)

Tag here during Wall 2 (facing 6.00) □□□□

S7: □ □ Side Rock, Ball Step, Cross Shuffle, ½ Turn L, Kick Ball Cross

1-2& Rock R to side. Recover onto L. □ Step ball of R beside L
3&4 Cross L over R. Step R to side. Cross L over R
5-6 ¼ turn L. Step back on R. ¼ turn L. Step L to side (6.00)
7&8 Kick R to R diagonal. Step ball of R beside L. Cross L over R

S8: □□ Side Rock, Ball Step, Cross Shuffle, Rolling Vine, Cross

1-2& Rock R to side. Recover onto L. □ Step ball of R beside L
3&4 Cross L over R. Step R to side. Cross L over R
5-6 ¼ turn R. Step forward on R. ½ turn R. Step back on L.
7-8 ¼ turn R. Step R to side. Cross L over R

Tag during Wall 2 after 48 counts (facing 6.00) Do 4 count Tag then start dance again from beginning.

1-4 Rock R to side. Recover onto L. Rock back on R. Recover onto L

**Ending: You will be facing back wall. Dance up to Section 8 Steps 3&4 (Rock & Cross)
Make ½ turn R stepping R forward on R. Sweep L round & to the front.**

Thanks to my beautiful granddaughter Emily for telling me about the music.

Contact: sadiah.heggernes@outlook.com

Last Update - 21st Sept 2016
