

I Fall To Pieces Part 1 (P)

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 0 級數: Intermediate Partner
編舞者: Tonnie Vos (NL) - September 2016
音樂: I Fall to Pieces - LeAnn Rimes



Intro 16 counts start on lyrics

Female

F1: R Step Aside L Cross Behind Heelball Cross R Side Rock Cross Shuffle

1-2 Rf Step To Right Lv Cross Behind Rf
3&4 Rf Touch Heel Front Rf Step Beside Lf Lf Cross Over Rf
5-6 Rf Step Right Weight Back On Lf
7&8 Rf Cross Over Lf Lf Step To Left Rf Cross Over Lf

F2: Pivot ½ Turn Right L Shuffle Fw Pivot ½ Turn Left Walk R L

1-2 Lf Step Fw Rf +Lf ½ Turn R Left Arm Up When Lady Turns Cross Hand Position
3&4 Lf Step Fw Rf Step Beside Rf Lf Step Fw
5-6 Rf Step Fw Rf +Lf ½ Turn L Left Arm Up When Lady Turns Back In Sweetheart Position
7-8 Rf Step Fw Lf Step Fw #

F3: Rf ¼ Left Lf Cross Behind Rf ¼ Right Lf ¼ Right Rf Cross Behind Lf ¼ Left Rf ½ Left Lf ½ Left

1-2 Rf ¼ Turn Left Step Behind Man Let Go Of Left Hand Lf Cross Behind Rf Hold Both Hands
3-4 Rf ¼ Turn R Let Go Of Left Hand R Arm Up When Lady Turns Lf ¼ Turn Right Hold Both Hands Bw
5-6 Rf Cross Behind Lf Lf ¼ Turn Left
7-8 *□Rf ½ Turn Left Step Behind Lf ½ Turn Left Step Fw * Option R L Walk Forwards

F4: Rf ½ Pivot Left Tripple Rlr L¼ Right R¼ Right Tripple Lrl

1-2 Rf Step Forward Lv + Rv ½ Turn Left Turn Under The Right Hand
3&4 Rf Step Slightly Fw Lf Step Beside Rf Rf Step Slightly Fw Hands In Cross Position Left Beneath Right
5-6 Rf ¼ Turn Right Lf ¼ Right Change Positon With Man Hands Remain Crossed
7&8 Lf Step In Place Rf Step Next To Lf Lf Step In Place

F5: Rolling Vine R - L

1-2 Rf ¼ Turn Right Lf ½ Turn Right
3-4 Rf ¼ Turn Right Lf Touch Beside Rf
5-6 Lf ¼ Turn Left Rf ½ Turn Left
7-8 Lf ¼ Turn Left Rf Touch Beside Lf

* Hands Up When Lady Turns Underneath Them Right And Left

F6: Rf Chassé Right Lf Rockstep Bkw Walk LR Lf Shuffle Fw

1&2 Rf Step To Right Lf Step Beside Rf Rf Step To Right
3-4 Lf Step Behind Weight Back On Rf Let Go Of Right Hand
5-6 Lf Walk Fw Left Hand Up Rf Walk Fw Hands Back In Sweetheart Position
7&8 Lf Step Forward Rf Step Beside Lf Lf Step Forward

F7: 2x Kick Ball Point R L Rf Jazzbox

1&2 Rf Kick Forward Rf Step Beside Lf Lf Touch Toe Left
3&4 Lf Kick Forward Lf Step Beside Rf Rf Touch Toe Right
5-6 Rf Cross Over Lf Lf Step Backwards
7-8 Rf Step To Right Lf Step Forward

F8: 4 X Shuffle Forward

1&2 Rf Step Forward Lf Step Beside Rf Rf Step Forward
 3&4 Lf Step Forward Rf Step Beside Lf Lf Step Forward
 5&6 Rf Step Forward Lf Step Beside Rf Rf Step Forward
 7&8 Lf Step Forward Rf Step Beside Lf Lf Step Forward

Male**M1: R Step Aside L Cross Behind Heelball Cross R Side Rock Cross Shuffle**

1-2 Step To Right Lv Cross Behind Rf
 3&4 Rf Touch Heel Front Rf Step Beside Lf Lf Cross Over Rf
 5-6 Rf Step Right Weight Back On Lf
 7&8 Rf Cross Over Lf Lf Step To Left Rf Cross Over Lf

M2: L Rock Fw L Shuffle Bkw R Rock Bkw Walk R L

1-2 Lf Step Fw Weight Back On Rf Left Arm Up When Lady Turns Cross Hand Position
 3&4 Lf Step Bkw Rf Step Beside Rf Lf Step Bkw
 5-6 Rf Sep Behind Weight Back On Lf Left Arm Up When Lady Turns Back In Sweetheart Position

Terug In Sweetheart Positie

7-8 Rf Step Fw Lf Step Fw #

M3: Rf ¼ Left Lf Cross Behind Rf ¼ Right Lf ¼ Right Rf Cross Behind Lf ¼ Left Walk R L

1-2 Rf ¼ Turn Left Step In Front Of Lady Let Go Of Left Hand Lf Cross Behind Rf Hold Both Hands
 3-4 Rf ¼ Turn R Let Go Of Left Hand R Arm Up When Lady Turns Lf ¼ Turn Right Hold Both Hands Bw
 5-6 Rf Cross Behind Lf Lf ¼ Turn Left
 7-8 Rf Step Forward Lf Step Forward 7-8 Let Go Of Left Hand Right Hand Up When Lady Turns

M4: Rf Rockstep Fw Tripple Rlr L¼ Right R¼ Right Tripple Lrl

1-2 Rf Step Fw Weight Back On Lf Right Arm Up When Lady Turns
 3&4 Rf Step Slightly Fw Lf Step Beside Rf Rf Step Slightly Fw Hands In Cross Position Left Beneath Right
 5-6 Rf ¼ Turn Right Lf ¼ Right Change Positon With Lady Hands Remain Crossed
 7&8 Lf Step In Place Rf Step Next To Lf Lf Step In Place

M5: Vine Right Vine Left

1-2 *□Rf Step To Right Lf Cross Behind Rf
 3-4 Rf Step To Right Lf Touch Beside Rf
 5-6 Lf Step To Left Rf Cross Behind Lf
 7-8 Lf Step To Left Rf Touch Beside Lf

M6: Rf Chassé Right Lf Rockstep Bkw Lf ½ Pivot Right Shuffle Fw

1&2 Rf Step To Right Lf Step Beside Rf Rf Step To Right
 3-4 Lf Step Behind Weight Back On Rf Let Go Of Right Hand
 5-6 Lf Step Fw Left Hand Up Lv + Rv ½ Turn Right Hands Back In Sweathart Position
 7&8 Lf Step Forward Rf Step Beside Lf Lf Step Forward

M7: 2x Kick Ball Point R L Rf Jazzbox

1&2 Rf Kick Forward Rf Step Beside Lf Lf Touch Toe Left
 3&4 Lf Kick Forward Lf Step Beside Rf Rf Touch Toe Right
 5-6 Rf Cross Over Lf Lf Step Backwards
 7-8 Rf Step To Right Lf Step Forward

M8: 4 X Shuffle Forward

1&2 Rf Step Forward Lf Step Beside Rf Rf Step Forward

3&4 Lf Step Forward Rf Step Beside Lf Lf Step Forward
5&6 Rf Step Forward Lf Step Beside Rf Rf Step Forward
7&8 Lf Step Forward Rf Step Beside Lf Lf Step Forward

Restart: When You Danced 2 Times The Dance Restarts After 16 Counts Enjoy
