

Halifax Jig

COPPER KNOB
BY STEPHEN WALKER

拍數: 64 牆數: 4 級數: Intermediate - Celtic
編舞者: Gerard Murphy (CAN) - January 2016
音樂: Light Jigs - Stephen Walker : (Album: Feisworld - Irish Dance Music: Vol. 2)



Music Available on iTunes. 2:53 mins.

- 1&2& Touch R heel forward, step R in place, touch L heel forward, step L in place
3&4 Touch R toes back, step R in place, hook L heel to R shin
5,6,7,8 Step L forward, scuff R next to L, step R forward, scuff L next to R
- 1&2&3&4 Cross shuffle to R: cross step L over R, traveling to R and end with wt. on L
5,6 Step R to R making ¼ turn L, step back onto L
7&8 Rock back onto R, recover onto L, step forward onto R
- 1,2 Cross step L over R, step back onto R
&3,4 Make ¼ turn L and step L forward, step forward onto R, step forward onto L
5,6 Sweep R counter-clockwise to step forward onto R
7,8 Sweep clockwise to step forward onto L
- 1,2&3,4 Step R to R, touch L next to R, step L in place, cross step R over L, step L to L
5,6,7,8 Touch R toes back, pivot ½ turn R shifting wt. to R, step L forward, snap fingers of both hands in air at shoulder height in front
- 1&2 Step R to R, cross rock L over R, recover onto R
3&4 Step L to L, cross rock R over L, recover onto L
5&6&7&8 Step R to R, cross rock L over R, recover onto R, rock L to L, recover onto R, cross rock L over R, recover onto R
- 1&2 Step L to L, cross rock R over L, recover onto L
3&4 Step R to R, cross rock L over R, recover onto R
5&6&7&8 Step L to L, cross rock R over L, recover onto L, rock R to R, recover onto L, cross rock R over L, recover onto L
- 1,2,3,4 Step a long step R onto R heels, step L next to R, step a long step R onto R heels, step L next to R
5&6&7&8 Paddle ¾ turn R (a series of ball changes with the weight staying over the R)
- 1&2 Rock L to L, recover on R, cross step L over R
3&4 Rock R to R, recover on L, cross step R over L
5,6 Step L to L, touch R heel next to L
7&a8 Step in place: R, L, R, L (bending knees slightly)

Start over!

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