

拍數: 64 牆數: 2 級數: Intermediate
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音樂: Fireproof - Coleman Hell



Intro : 32 counts (approximately after 15 seconds))

S1: Hitch R, Step R , Ball , Cross, Hold, L Toe Strut , R Rocking Chair On Diagonal

1-2 Rf hitch knee in front of Lf, Rf big step right
&3-4 Lf step slightly behind Rf (&), Rf cross in front of Lf, hold
5-6 Lf touch toes left, Lf drop heel down
7&8& Rf cross rock in front of Lf, recover onto Lf (&), Rf rock slightly back on right diagonal,
 recover onto Lf

S2: R Cross R , ¼ Turn R, L Step Back, R Coaster , Rock , Recover With Body Roll, L Coaster Cross

1-2 Rf cross in front of Lf, make 1/4 turn right stepping Lf back (3.00)
3&4 Rf step back, Lf step together (&), Rf step forward
5-6 Lf rock forward, recover onto Rf
(NB on count 5-6 you can make a body roll whilst doing rock, recover)
7&8 Lf step back, Rf step together (&), Lf cross in front of Rf

S3: Touch R Out-In-Out , Weave, Touch L Out-In-Out , L Sailor With 1/4 Turn L

1&2 Rf touch right, Rf touch together (&), Rf touch right
3&4 Rf step behind Lf, Lf step left (&), Rf cross in front of Lf
5&6 Lf touch left, Lf touch together (&), Lf touch left
7&8 Lf cross behind Rf making 1/4 turn left, Rf step right (&), Lf step left (12.00)

S4: Tap Combination, Swivel With 1/4 Turn L

1&2& Rf touch heel forward, Rf step together (&), Lf touch heel forward, Lf step forward (&)
3&4& Rf touch toes behind Lf, Rf step back (&), Lf touch heel forward, Lf step together (&)
5&6& Rf touch heel forward, Rf step forward (&), Lf touch toes behind Rf , Lf step back (&)
7-8 Rf touch toes forward, Bf swivel heels right going up on balls of feet making 1/4 turn left (9.00)
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S5: Hold, Drop Heels Down, Cross Rock, Recover, Side, Cross, L Back with 1/4 Turn R, R Chasse

1-2 hold, Bf drop heels down (weight ending on Rf)
3&4 Lf cross rock in front of Rf, recover onto Lf (&), Lf step left
5-6 Rf cross in front of Lf, make 1/4 turn right stepping Lf back (12.00)
7&8 Rf step right, Lf step together (&), Rf step right

S6: Ball , Cross With 1/4 Turn R, Side, Cross Rock, Recover, Side, Cross, R Back with 1/4 Turn L, L Chasse 1/4 Turn L

&1-2 Lf step together (&), make 1/4 turn right crossing Rf in front of Lf (3.00), Lf step left
3&4 Rf cross rock in front of Lf, recover onto Lf (&), Rf step right
5-6 Lf cross in front of Rf, make 1/4 turn left stepping Rf back (12.00)
7&8 Lf step left, Rf step together (&), make 1/4 turn left stepping Lf forward (9.00)

S7: R Jazzbox, Lock Behind, Step Forward L, Step Forward R, 1/4 Turn L

1-2 Rf cross in front of Lf, Lf step back
3-4 Rf step right, Lf step forward
5-6 Rf lock behind Lf, Lf step forward
7-8 Rf step forward, make 1/4 turn left (6.00) with weight ending on Lf

S8: Modified Weave, Chasse With Slide, Hold, Heel /Toe/Hitch/Touch

- 1&2&3 Rf cross over Lf, Lf step left (&), Rf cross behind Lf, Lf step left (&), Rf cross over Lf
- 4&5 Lf step left, Rf step together (&), Lf make big step left
- 6 hold whilst dragging Rf toward Lf
- 7&8& Rf swivel heel towards Lf, Rf swivel toes towards Lf (&), Rf hitch knee up, Rf touch next to Lf (&)
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