

# My Confused Mind

COPPER KNOB  
BY SHEETS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Kim Liebsch (DK) - September 2016  
音樂: Unhinged - Nick Jonas



Intro: 16 counts after 1<sup>st</sup> beat( appr. 14 seconds) Start with weight on R foot. Start dance FACING 6:00..

Tags: -

(1) After wall 1\*(6:00)

(2) After wall 5\*\*(6:00)

Instead of recover on the & count in section 6,

Make touch and then repeat the last 8 counts(section 6) - Then Restart

**#1 section:** □ ½ turn with sweep, cross side behind with sweep, behind side cross diagonal, 2 X sway, step ½ turn □

1            Make ½ turn L putting weight on L while sweeping R □ 6:00  
2&3        Cross R over L, step L to L side, cross R behind L while sweeping L □ 12:00  
4&5        Cross L behind R, step R to R side, cross L over R diagonal □ 7:00  
6-7        Sway back on R, sway fw. on L □ 7:00  
8&         Step fw. on R, make ½ turn L stepping fw. on L □ 1:00

**#2 section:** □ Basic, basic ¼ turn, walk 2/4 turn, side together □

1            Step R to R side □ 12:00  
2&3        Close L behind R, cross R over L, step L to L side □ 12:00  
4&5        Close R behind L, cross L over R, make ¼ turn R stepping fw. on R □ 3:00  
6-7        Make ¼ turn R stepping fw. on L, make ¼ turn R stepping R to R side □ 9:00  
8&         Step L to L side, step R next to L □ 9:00

**#3 section:** □ Cross, ¼ turn, ¼ turn into basic, 2 X sway, back rock □

1            Cross L over R □ 9:00  
2-3        Make ¼ turn L stepping back on R, make ¼ turn L stepping L to L side □ 3:00  
4&5        Close R behind L, cross L over R, step R to R side □ 3:00  
6-7        Sway L sway R □ 3:00  
8&         Rock back on L, recover on R □ 3:00

**#4 section:** □ Step, step ½ turn, full turn, step ¼ turn, cross side □

1            Step fw. on L □ 3:00  
2-3        Step fw. on R, make ½ turn L stepping fw. on L □ 9:00  
4&5        Step fw. on L, make ½ turn L stepping back on L, make ½ turn R stepping fw. on R □ 9:00  
6-7        Step fw. on L, make ¼ turn R stepping R to R side □ 12:00  
8&         Cross L over R, step R to R side □ 12:00

**#5 section:** □ Step fw. ½ reverse turn R ½ reverse turn L, back rock step, 2 X walk, step ½ turn □

1            Step fw. on L □ 12:00  
2-3        Make reverse ½ turn R changing weight on R, make reverse ½ turn L keeping weight on R □ 12:00  
4&5        Rock back on L, recover on R, step fw. on L □ 12:00  
6-7        Walk R, walk L □ 12:00  
8&         Step fw. on R, make ½ turn L stepping fw. on L □ 6:00

**#6 section:** □ ¼ turn into basic, behind ¼ turn step, step ½ turn, rock recover □

1            Make ¼ turn R stepping R to R side □ 3:00  
2&3        Close L behind R, cross R over L, step L to L side □ 3:00

4&5            Cross R behind L, make  $\frac{1}{4}$  turn L stepping fw, on L, step fw. on R □ 12:00  
6-7            Step fw. on L, make  $\frac{1}{2}$  turn R stepping fw. on R □ 6:00  
8&            Rock fw. on L, recover on R (\*) (\*\*) (touch R next to L on the & count—then repeat section 6  
                 ) □ 6:00

**Good Luck & N'joy!**

**Contact: Kimliebsch on Instagram and [liebsch@ymail.com](mailto:liebsch@ymail.com)**

**Last Update - 13th Sept 2016**

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