

My Confused Mind

COPPER KNOB
BY SHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Kim Liebsch (DK) - September 2016
音樂: Unhinged - Nick Jonas



Intro: 16 counts after 1st beat(appr. 14 seconds) Start with weight on R foot. Start dance FACING 6:00..

Tags: -

(1) After wall 1*(6:00)

(2) After wall 5**(6:00)

Instead of recover on the & count in section 6,

Make touch and then repeat the last 8 counts(section 6) - Then Restart

#1 section: □ ½ turn with sweep, cross side behind with sweep, behind side cross diagonal, 2 X sway, step ½ turn □

1 Make ½ turn L putting weight on L while sweeping R □ 6:00
2&3 Cross R over L, step L to L side, cross R behind L while sweeping L □ 12:00
4&5 Cross L behind R, step R to R side, cross L over R diagonal □ 7:00
6-7 Sway back on R, sway fw. on L □ 7:00
8& Step fw. on R, make ½ turn L stepping fw. on L □ 1:00

#2 section: □ Basic, basic ¼ turn, walk 2/4 turn, side together □

1 Step R to R side □ 12:00
2&3 Close L behind R, cross R over L, step L to L side □ 12:00
4&5 Close R behind L, cross L over R, make ¼ turn R stepping fw. on R □ 3:00
6-7 Make ¼ turn R stepping fw. on L, make ¼ turn R stepping R to R side □ 9:00
8& Step L to L side, step R next to L □ 9:00

#3 section: □ Cross, ¼ turn, ¼ turn into basic, 2 X sway, back rock □

1 Cross L over R □ 9:00
2-3 Make ¼ turn L stepping back on R, make ¼ turn L stepping L to L side □ 3:00
4&5 Close R behind L, cross L over R, step R to R side □ 3:00
6-7 Sway L sway R □ 3:00
8& Rock back on L, recover on R □ 3:00

#4 section: □ Step, step ½ turn, full turn, step ¼ turn, cross side □

1 Step fw. on L □ 3:00
2-3 Step fw. on R, make ½ turn L stepping fw. on L □ 9:00
4&5 Step fw. on L, make ½ turn L stepping back on L, make ½ turn R stepping fw. on R □ 9:00
6-7 Step fw. on L, make ¼ turn R stepping R to R side □ 12:00
8& Cross L over R, step R to R side □ 12:00

#5 section: □ Step fw. ½ reverse turn R ½ reverse turn L, back rock step, 2 X walk, step ½ turn □

1 Step fw. on L □ 12:00
2-3 Make reverse ½ turn R changing weight on R, make reverse ½ turn L keeping weight on R □ 12:00
4&5 Rock back on L, recover on R, step fw. on L □ 12:00
6-7 Walk R, walk L □ 12:00
8& Step fw. on R, make ½ turn L stepping fw. on L □ 6:00

#6 section: □ ¼ turn into basic, behind ¼ turn step, step ½ turn, rock recover □

1 Make ¼ turn R stepping R to R side □ 3:00
2&3 Close L behind R, cross R over L, step L to L side □ 3:00

4&5 Cross R behind L, make $\frac{1}{4}$ turn L stepping fw, on L, step fw. on R □ 12:00
6-7 Step fw. on L, make $\frac{1}{2}$ turn R stepping fw. on R □ 6:00
8& Rock fw. on L, recover on R (*) (**) (touch R next to L on the & count—then repeat section 6
) □ 6:00

Good Luck & N'joy!

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