

# Saving Me

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Micaela Svensson Erlandsson (SWE) - August 2016  
音樂: You Are Saving Me - Rasmus Eriksson : (Album: The Wind Beneath My Wings)



Intro : 32 counts

**Section 1: □Right Chasse. Back Rock. Left Grapevine ¼ Turn left. Scuff & ¼ turn left□**

1&2      Step right to right. Close left beside right. Step right to right.  
3-4      Rock back on left. Recover onto right.  
5-7      Step left to left. Cross right behind left. Turn ¼ left stepping forward on left.  
8      Scuff right turning another ¼ left on ball of left foot.

**Section 2: □Right Chasse. Back Rock. Left Grapevine ¼ Turn left. Scuff.**

1&2      Step right to right. Close left beside right. Step right to right.  
3-4      Rock back on left. Recover onto right.  
5-7      Step left to left. Cross right behind left. Turn ¼ left stepping forward on left.  
8      Scuff right forward.

**Restart here: After Section 2 on Wall 5 (Facing 3 O'clock)**

**Section 3: □Jump Forward. Hold & Clap. Forward Shuffle. Rock Step. Triple full Turn left.**

&1-2      Jump forward on right. Jump forward on left. Hold & Clap.  
3&4      Step forward on right. Close left beside right. Step forward on right.  
5-6      Rock forward on left. Recover onto right.  
7&8      Make a Triple Full turn over your left shoulder stepping left, right, left.

**Easy Option: Replace the Triple full turn with a Coaster Step.**

**Section 4: □Rock Step. Coaster Step. Rock Step Shuffle ½ Turn left.**

1-2      Rock forward on right. Recover onto left.  
3&4      Step back on right. Step left beside right. Step forward on right.  
5-6      Rock forward on left. Recover onto right.  
7&8      Shuffle ½ Turn back over the left shoulder stepping left, right, left.