

T-Shirt

拍數: 64 牆數: 4 級數: Improver
編舞者: Jean Welser (USA) - September 2016
音樂: T-Shirt - Thomas Rhett



#32 count intro (after drums); start on lyrics.

Alternate music is "Bad Moon Rising" sung by Credence Clearwater Revival;
Alternate Song Is Slightly Slower And Has No Restarts Or Tags.

MONTEREY STOMPS (16)

1,2,3,4 Quarter right Monterey
5,6,7,8 Right heel in front, replace, left heel in front, replace
1,2,3,4 Point right toe behind left foot, replace, point left toe behind right foot, replace
5,6,7,8 Stomp right foot twice; hitch it, and stomp again with right

"APPLE JACKS" & VINE (32)

1,2,3,4 Two "sort of" apple jacks (heel right, toe left and reverse)
5,6,7,8 Repeat
1,2,3,4 Vine to right (right, left, right) hitch and make ¼ turn right with hitch
5,6,7,8 Step (or stomp) in place left, right, left, and hold

POINT & SLAPS (48)

1,2,3,4 Point right to side and replace, point left to side and replace
5,6,7,8 Point (or heel) right to front and replace, point left behind and replace
1,2,3,4 Kick right foot diagonally left, hook right over left foot, kick right forward, then back to right
5,6,7,8 Raise right foot to rt. side and slap(5) with right hand, replace foot; repeat slap (7) and replace

ENDING VINE&TURN (64)

1,2,3,4 Vine right (r,l,r) three steps and hold
5,6,7,8 Turn right ¼ turn on ball of foot; left rocking chair (step forward left, in place right, step back left, step right)
1-2,3-4 Make full circle left - left, hold; right, hold
5-6,7-8 Left, hold; right, touch and hold. Be ready to start Monterey again with right.

RESTARTS – Three:

Second wall after 32 counts (after vine and three steps in place) facing 3:00

Fourth wall after 32 counts facing 6:00

Eighth wall after 32 counts facing 3:00

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Site Updated – 28th Oct 2016