

Sunglasses

拍數: 32 牆數: 4 級數: Improver WCS
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音樂: Cheap Sunglasses - Kelleigh Bannen



Intro 16 counts – CW rotation

SCT 1 : Mambo 1/2 turn, Step - Lock - Step, Back Chassé 1/2 turn, Coaster step

1 & 2 Rock RF fwd, Recover on LF, 1/2 turn right stepping RF fwd 6:00
3 & 4 Step LF fwd, Lock RF behind LF, Step LF fwd
5 & 6 1/2 turn left stepping RF back, Step LF next to RF, Step RF back 12:00
7 & 8 Step LF back, Step RF next to LF, Step LF fwd

RESTART HERE ON WALL 3

SCT 2 : Anchor Step, Sync.Vine, Step -1/2 turn - Step, Chassé fwd

1 & 2 Step RF to R fwd diagonal, Recover weight on LF, Step RF to R fwd diagonal 1:30
3 & 4 Step LF on left side squaring 12:00, Cross RF behind LF, Step LF on left side 12:00
5 & 6 Step RF fwd, 1/2 turn left , Step RF fwd 6:00
7 - 8 Step LF fwd, RF next to LF, Step LF fwd

RESTART HERE ON WALL 6

SCT 3 : Side - Rock back R, Side - Rock back L, Sways R, L, R, L

1 & 2 Step RF on right side, Rock step back on LF, Recover on RF
3 & 4 Step LF on left side, Rock step back on RF , Recover on LF
5 - 6 Sway hips on right side (weight on RF), Sway hips on left side (weight on LF)
7 - 8 Sway hips on right side (weight on RF), Sway hips on left side (weight on LF)

(option : shoulders bounces on counts 5,6,7,8)

SCT 4 : Mambo 1/4 turn, Cross shuffle, 1/2 Hinge, Chassé fwd, Step fwd

1 & 2 Rock RF fwd, Recover on LF, 1/4 turn right stepping RF on right side 9:00
3 & 4 Cross LF over RF, Step RF on right side, Cross LF over R
5 - 6 1/4 turn left stepping RF back, 1/4 turn left stepping LF fwd 3:00
7 & 8 & Step RF fwd, LF next to RF, Step RF fwd, Step LF next to RF

Version française : <http://countryagogo.free.fr/>

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