Breaking Up Inside

級數: Easy Intermediate

編舞者: Micaela Svensson Erlandsson (SWE) - September 2016

音樂: Love Me Or Leave Me - Liv Marit Wedvik

牆數:4

Intro : 40 counts	
Section 1: Dorothy Step. Dorothy Step. Step ¼ Turn left. Cross Shuffle.	
1-2&	Step forward on right. Lock left behind right. Step forward on right. (Diagonal)
3-4&	Step forward on left. Lock right behind left. Step forward on left. (Diagonal)
5-6	Step forward on right. Turn ¼ left.
7&8	Cross right over left. Step left to left. Cross right over left
Tag & Restart here: On Wall 3 facing 3 O'clock	
Section 2: Left Rock. Cross Rock. Left Rock. Behind. Sweep Back Sweep. Back. Back Rock.	
1-2	Rock left to left. Recover onto right.
3&4&	Rock left across right. Recover onto right. Rock left left. Recover onto right.
5	Cross left behind right sweeping right foot from front to back.
6	Step back on right sweeping left foot from front to back.
7-8	Rock back on left and bend right knee up with toes on floor. Recover onto right.
Section 3: Step. Step ½ Turn left. Step. Triple Full Turn. Sync. Rock. Step. Full Turn (Back).	
1-2&3	Step forward on left. Step forward on right. Turn 1/2 left. Step forward on left.
4&5	Make a Full Triple Turn forward over the right shoulder stepping left, right, left.
6&	Rock forward on right. Recover onto left.
7-8	Make a full turn back over the right shoulder stepping right, left.
Section 4: Back. Touch across. Back. Touch across. Back Rock Basic Nightclub. Basic Nightclub.	
1&	Step back on right. Touch left toes across right foot.
2&	Step back on left. Touch right toes across left foot.
3-4	Rock back right and bend left knee up with toes on floor. Recover onto left.
5-6&	Take a long step right. Rock left behind right. Recover onto right.
7-8&	Tack a long step left. Rock right behind left. Recover onto left.
Tag & Restart: On Wall 3 after Section 1 (Facing 3 O'clock.)	

Tag: Step left to left. After the Cross Shuffle (Making it 7&8&) then Restart.

Ending: As the music is ending after the Dorothy steps (Facing 6 o'clock) Make a Step. ½ Turn left to end facing the front wall





拍數: 32