

Rising Sun

拍數: 44 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - September 2016
音樂: The House of the Rising Sun - The Animals : (iTunes)



(Intro: 16 counts)

[S1] Side, Rock Behind, 1/8L Recover, Fwd, Fwd Rock, Recover, 1/8L Side, Sweep w/ Box Step, Step Pivot, Run-Run

1 2& Step side on left, R rock behind left, recover 1/8L weight on left (10:30)
3 4& Step fwd on right, step fwd rock on left, recover weight on right
5-6& 1/8L step L to side, sweep R around cross over left, step back on left (9:00)
7 8 R step to side, step fwd on left,
& a Turn 1/2R step on right, step fwd on left (3:00)

[S2] Right Side, Rock Behind-Tap Behind, 1/4R Left Side, Rock Behind-Tap Behind, 1/4L Back w/Sweep, 1/4R Back w/Sweep, 1/4L Back w/Sweep, 1/8R R Rock Back, Run-Run

1-2&a Step side on right, rock L behind, recover (weight on R), touch L toe behind R (3:00)
3-4&a 1/4R step side on left, rock R behind, recover (weight on L), touch R toe behind L (6:00)
5-6-7 Turn 1/4L step back on right and sweep left, 1/4R step back on left and sweep right, turn 1/4 L step back on right and sweep left (3:00)
8&a 1/8R rock back on left, recover and step fwd on right, step fwd on left (4:30)

[S3] Rock Fwd, 1/8R Recover (Back), Cross Lock, Back, Back, Cross Lock, 1/4R Fwd, Paddle Turn R, Cross Shuffle, Side, Cross

1 2& Step fwd on right rock, 1/8R step back on left, cross R front of L (6:00)
3 4& Step back on right, step back on left, cross L front of R
5 6& 1/4 R step R fwd, step fwd on left, turn 1/4R,
7&8 Cross L over R, step R to side, cross L over R
&a Step R to side, cross L over R (12:00)

(Option) &a - Pencil Turn R, Together (R full turn on right (pencil), step L next to R (12:00))

[S4] Side, Left Sailor, Side, 3/4R Right Sailor

1-2& Step R side, sweep left and step behind R, step R to side
3-4& Step L side, turn 3/4R sweep and step behind L, step L to side (9:00)

[S5] 2x Walk-Walk Shuffle Hitch (Walk-walk-shuffle and hitch around a figure 8 shape), 1/4L

1 2 1/8L step R fwd, 1/8R step left fwd (making a half circle to right) (9:00)
3&4& Shuffle RLR (making a half circle to right) (3&4), hitch left (&) (3:00)
5 6 1/8R step on left, 1/8L step on right (making a half circle to left) (3:00)
7&8& Shuffle LRL (making a half circle to left) (7&8), turn 1/4L hitch right (&) (6:00)

(Option) [S5] - 1/8L Fwd, 5/8R Back, 1/2R Shuffle Fwd (semi-circle), Hitch, 1/8R Fwd, 5/8L Back, 1/2L Shuffle Fwd (semi-circle) w/ 1/4L Hitch (Figure 8 Shape)

1-2- Turn 1/8L step on right, turn 5/8R step back on left (making a half circle to right) (3:00)
3&4& Turn 1/2R then shuffle RLR (making a half circle to right) (3&4), hitch left (&) (3:00)
5-6- Turn 1/8R step on left, turn 5/8L step back on right (9:00)
7&8& Turn 1/2L then shuffle LRL (making a half circle to left) (7&8), turn 1/4L hitch right (&) (6:00)

[S6] Fwd, 1/2R Back, 1/2R Fwd, Step Pivot, Fwd, Fwd, 1/2L Back, 1/2L Fwd, Step Pivot, Run-Run

1 2 Step R fwd, turn 1/2R step back on left
3 4& Turn 1/2R step fwd on right, step L fwd, turn 1/2R weight on right
5 6 Step L fwd, turn 1/2L step back on right

7 8&a Turn 1/2L step fwd on left, step R fwd, turn 1/2L weight on left, step on left (6:00) Make a 1/4 turn R and step on the left (count 1), start dance again (9:00)

Please contact me for demo & work-through.
(hirokoinedancing@gmail.com) (updated: 6/Nov/16)
