

I Think I Need A Drink

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Pat Newell (USA) - September 2016
音樂: Stop and Drink - George Strait : (32 in)



Senior Dancing Series

Learning: Rocking chair, coaster step, ¼ pivot, triple across, ¼ Monterey turns

S1: 4 COUNT RIGHT ROCKING CHAIR, ROCK RECOVER, RIGHT COASTER STEP

1-4 Rock forward on R, recover on L, rock back on R, recover on L
5,6 7&8 Rock forward on R, recover on L, step back on R, step together L, step forward on R

S2: 4 COUNT LEFT ROCKING CHAIR, ROCK RECOVER, LEFT COASTER STEP

1-4 Rock forward on L, recover on R, rock back on L, recover on R
5,6 7&8 Rock forward on L, recover on R, step back on L, step together R, step forward on L

S3: PIVOT ¼ LEFT TRIPLE FORWARD, ROCK LEFT TO LEFT, TRIPLE LEFT OVER RIGHT

1,2 3&4 Step R forward, pivot ¼ L, triple RLR slightly forward 9:00
5,6. 7&8 Rock L to L, recover to R triple L over R LRL

S4: (2) ¼ RIGHT MONTEREY TURNS

1-4 Point R toe to R, turn ¼ R on ball of left, step R beside, point L to L, step L beside R - 12:00
5-8 Point R toe to R, turn ¼ R on ball of L, step R beside L, point L to L, step L beside R - 3:00

No Tags, No Restarts

SMILE AND DANCE FOR THE HEALTH OF IT.
