

We Ride

拍數: 32 牆數: 4 級數: Improver
編舞者: Brandi Hughes (CAN) - September 2016
音樂: We Ride - Emerson Drive : (iTunes & amazon)



Sec 1. Cross Rock/Recover, Side Shuffle, ¼ Turn Rock/Recover, Coaster Step

1-2 Cross Right over left (1), Recover weight back on Left (2)
3&4 Step Right to right side (3), Step Left beside right (&), Step Right to right side (4)
5-6 Step Left forward making ¼ right (3:00), Recover weight back on Right (6)
7&8 Step Left back (7), Step Right beside left (&), Step Left forward (8)

Sec 2. □½ Pivot Turn, ½ Turn Shuffle, Sweep (x3), Back Shuffle

1-2 Step Right forward (1), Turn ½ turn left (9:00) taking weight on left (2)
3&4 Step Right back making ½ turn left (3:00), Step Left back beside right (&), Step Right back (4)
5-6 Sweep Left around back behind right (5), Sweep Right around back behind left (6)
7&8 Sweep Left around back (7), Step Right beside left (&), Step Left back (8)

Sec 3. ¼ Mambo Cross, Mambo, Press, Kick, Tap, Kick, Cross

1&2 Step Right to right side making ¼ turn right (6:00), Step Left to center (&), Cross Right over left
3&4 Step Left to left side (3), Step Right at center (&), Step Left beside right (4)
5-6 Press Right toe forward taking almost full body weight (5), Push off Right toe stepping back onto Left and kick right toe forward (6)
7&8 Tap Right toe beside left foot (7), Kick right toe to right (&), Cross Right behind left (8)

Sec 4. Side Shuffle, Jazz Box, Cross, Sway Right/Left

1&2 Step Left to left side (1), Step Right beside left (&), Step left to left side (2)
3-4 Cross Right over Left (3), Step Left back (4)
5-6 Step Right beside left (5), Cross Left over right (6)
7-8 Step Right to right swaying right hip out (7), Step Left to left swaying left hip (8)

Have Fun!
