

# Sole Mio

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Phil Carpenter (UK) - August 2016  
音樂: O Sole Mio - Verskeie Kunstenaars : (CD: Instrumentele Mallighed Vol 1 - iTunes)



Intro: 16 Count Intro.

## SECTION 1: RIGHT CROSS ROCK, RECOVER, RIGHT SHUFFLE ¼ TURN RIGHT, PIVOT ¼ TURN RIGHT, LEFT CROSS ROCK, RECOVER.

1 – 2      Right cross rock, Recover weight on Left  
3 & 4      Right forward turning ¼ Right, Left step beside Right, Right forward.(3.00)  
5 - 6      Left step forward, Pivot ¼ turn Right (6.00)  
7 - 8      Left cross over Right, Recover weight on Right

## SECTION 2 : LEFT SIDE ROCK, RECOVER, LEFT CROSSING SHUFFLE, ¼ TURN LEFT X 2, RIGHT SHUFFLE FORWARD.

9 - 10      Left side rock, Recover weight on Right.  
11 & 12      Cross Left over Right, Right step to Right side, Cross Left over Right.  
13 -14      Turn ¼ Left stepping back on Right, Turn ¼ Left stepping Left to Left side. (12.00)  
15 & 16      Right step forward, Left step beside Right, Right step forward.

## SECTION 3: LEFT JAZZ BOX TURNING ¼ LEFT WITH TOUCH, ¾ TURN RIGHT, SHUFFLE ½ TURN RIGHT.

17 - 18      Left cross over Right, Right step back.  
19 - 20      Turn ¼ Left stepping Left to Left side, Touch Right beside Left, (9.00)  
21 - 22      Turn ¼ Right stepping Right forward, Turn ½ Right, stepping Left back. (6.00)  
23 & 24      Shuffle ½ turn Right stepping Right, Left, Right (12.00).

## SECTION 4: LEFT ROCK FORWARD, RECOVER, LEFT LOCK STEP BACK, RIGHT BACK ROCK, RECOVER, RIGHT LOCK STEP FORWARD.

25 – 26      Left rock forward, Recover weight on Right.  
27 & 28      Left step back, Right cross in front of Left, Left step back.  
29 - 30      Right rock back, Recover weight on Left.  
31 & 32      Right step forward, Left lock behind Right, Right step forward.

## SECTION 5: LEFT CROSS, ¼ TURN LEFT, LEFT SHUFFLE BACK, HEEL JACK, RIGHT SHUFFLE FORWARD.

33 – 34      Left cross in front of Right, ¼ Turn Left stepping back on Right. (9.00)  
35 & 36      Left step back, Right step beside Left, Left step back.  
&37&38      Right foot step back, Dig Left foot forward, Left foot step in place, Right foot touch beside Left.  
39 & 40      Right step forward, Left step beside Right, Right step forward.

## SECTION 6: PIVOT ½ TURN RIGHT, PIVOT ¼ TURN RIGHT, LEFT CROSS ROCK, CHASSE LEFT.

41 – 42      Left step forward, Pivot ½ turn Right. (3.00)  
43 – 44      Left step forward, Pivot ¼ turn Right. (6.00)  
45 – 46      Left cross over Right, Recover weight on Right.  
47 & 48      Left step to Left side, Right step beside Left, Left step to Left side.

## SECTION 7: LEFT SYNCOPATED WEAVE, LEFT SIDE ROCK, LEFT BEHIND, ¼ TURN RIGHT, LEFT STEP FORWARD.

49 – 50      Right cross over Left, Left step to Left side.  
51 & 52      Right cross behind Left, Left step to Left side, Right cross in front of Left.  
53 – 54      Left side rock, Recover weight on Right.

55 & 56 Left step behind Right, Right step forward turning ¼ turn Right (9.00) Left step forward.

**SECTION 8: RIGHT ROCK FORWARD, RECOVER, ¾ TRIPLE TURN RIGHT, LEFT ROCK FORWARD, RECOVER. FULL TRIPLE TURN LEFT.**

57 – 58 Right rock forward, Recover weight on Left.

59 & 60 ¾ Triple turn Right, stepping Right, Left, Right. (6.00)

61 – 62 Left rock forward, Recover weight on Right.

63 & 64 Full triple turn Left, Stepping Left, Right, Left. (Easier option, Left coaster step).

**REPEAT DANCE FACING NEW WALL. - ENJOY & HAVE FUN.**

**CHOREOGRAPHERS NOTE: No Tags or Restarts Required.**

**BIG FINISH: Wall 7. You will be at 12.00,**

**Dance steps 1-14 only, you'll be back at the front, arms out, Ta dah.**

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