# **Thing About Dance**



拍數: 32 牆數: 4 級數: Beginner

編舞者: Jan Brookfield (UK) - September 2016

音樂: Dance - Rick Astley



#### NB. Start after 32 secs on the word "dance"

Alternative music: "That's the thing about love" by Don Williams 104 BPM

Also: "Can't stop the feeling" by Justin Timberlake, 113 BPM

## SECTION 1: TOUCH FORWARD, TOUCH SIDE, KICK-BALL-CHANGE, ROCKING CHAIR

1,2 Touch R toe forward, touch R toe forward out to right side

3&4 Kick R forward, rock back quickly on ball of R, recover weight onto L in place

5,6,7,8 Rock R forward, recover onto L, rock R back, recover onto L

### SECTION 2: FORWARD SHUFFLE, ROCK, RECOVER, 1/2 TURN SHUFFLE, ROCK, RECOVER

1&2 Shuffle forward on R,L,R

3,4 Rock L forward, recover onto R

5&6 Making a half turn over left shoulder shuffle forward on L,R,L

7,8 Rock R forward, recover onto L (now facing 6 o'clock)

### SECTION 3: STEP BACK, TAP, STEP FORWARD, TAP, CHASSE RIGHT, ROCK, RECOVER

1,2 With body angled slightly right, step R back, tap L next to R

(optional styling : raise arms, waving to right)

3,4 Step L forward, tap R next to L (optional styling : raise arms, waving to left)

5&6 Straighten up with body now facing forward, chasse right on R,L,R

7,8 Rock L back, recover onto R

## SECTION 4: WEAVE: SIDE, BEHIIND, SIDE, ACROSS, CHASSE 1/4 TURN, ROCK, RECOVER

1,2,3,4 Step L to left side, step R behind L, step L to left side, step R across in front of L

5&6 Making a quarter turn right chasse left on L,R,L

7,8 Rock back on R, recover onto L (now facing 9 o'clock)