

# Tush Push Easy

COPPER KNOB  
BY STEPHEN

拍數: 40      牆數: 4      級數: Improver  
編舞者: Shanthie De Mel (AUS) - September 2016  
音樂: Earthquake - Ronnie Milsap



No Tags or Restarts. Left rotation. NOTE: This is an easy split floor dance to the Intermediate 40 count Tush Push by Jim Ferrazzano.

Alternate faster music: Chattahoochee or Summertime blues by Alan Jackson.

**(1-8) HEEL FORWARD . HEEL FORWARD. TOGETHER. HOLD. x2**

1, 2, 3, 4      Touch R heel forward. Touch R heel forward. Step R together. Hold.  
5, 6, 7, 8      Touch L heel forward. Touch L heel forward. Step L together. Hold. (12:00)

**(9-16) FORWARD. HOLD. CLAP. CLAP. x2**

1, 2, 3, 4      Step R forward. Hold. Clap. Clap.  
5, 6, 7, 8      Step L forward. Hold. Clap. Clap. (12:00)

**(17-24) BACK. DRAG. HEEL FORWARD. HEEL FORWARD. x2**

1, 2      Step R back. Drag L towards R.  
3, 4      Touch L heel forward twice.  
5, 6      Step L back. Drag R towards L.  
7, 8      Touch R heel forward twice. (12:00)

**(25-32) BACK. HIP BUMP. HIP BUMPS. HIP BUMPS. HIP BUMPS.**

1, 2      Step R back. Bump right hip once.  
3, 4      Bump left hip twice keeping weight on L.  
5, 6      Bump right hip twice keeping weight on R.  
7, 8      Bump left hip twice keeping weight on L. (12:00)

**(33-40) ROCKING CHAIR. LEFT TURN 1/4 SIDE. HOLD. SIDE. CLAP.**

1, 2      Rock R forward. Recover L  
3, 4      Step R back. Recover L.  
5, 6      Turning 1/4 left step R to right side. Hold. (9:00)  
7, 8      Step L to left side. Clap. ( 9:00)

Last Update: 10 Dec 2024