

Everyday Blues

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: J. Connor - September 2016
音樂: She's Got The Rhythm - Alan Jackson



Walk Forward 3 Steps with Touch, Walk Back 2 Steps, Coaster Step

1-4 Walk forward, RLR touch left foot
5-6 Walk back L R,
7&8 Step left foot back, step together right foot, step left foot forward

Walk Forward 3 Steps with Touch, Walk Back 2 Steps, Coaster Step

1-4 Walk forward, RLR touch left foot
5-6 Walk back LR,
7&8 Step left foot back, step together right foot, step left foot forward

Vine Right with Heel Jack, Vine Left with Heel Jack

1-2& Step right foot to right side, step left foot behind right, step right to right side
3&4 Touch left heel in front, step left foot, cross right foot over left
5-6& Step left foot to left side, step right foot behind left, step left to left side
7&8 Touch right heel in front, step right foot, cross left foot over right

Bump Right Hip Forward Twice, Bump Left Hip Back twice, Pivot ½, Pivot ¼

1&2 Bump right hip forward 2 times
3&4 Bump left hip back 2 times
5-8 Step right foot forward, pivot ½ left to left foot, step right foot forward, pivot left ¼ to left foot

Repeat

Note: This is a slow beginner dance to use for teaching heel jacks.

Submitted by - Sally Magnussen: mmagnussen@yahoo.com
