

# Dancing On My Own

**COPPER** KNOB  
BY STEPHENETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Stephen & Lesley McKenna (SCO) - September 2016  
音樂: Dancing On My Own (feat. Tiësto) (Tiësto Remix) - Calum Scott : (Single)



Intro:- 64 counts

**Section 1: Step L to 1.30, step R, ½ L point L, ½ R, point R, back R, point L, back L**

1-2            Step forward L towards 1.30, Step forward R 1.30  
3-4            Turn ½ L 7.30 as you point L toe forward, turn ½ R 1.30 stepping L next to R  
5-6            Point R toe forward 1.30, step back R  
7-8            Point L toe to L side, Step back L

**Section 2: ½ R to 7.30 , L together, heel switches R L, ball, R step forward with dip, L together, R step forward with dip, L together**

1-2            Turn ½ R stepping forward R to 7.30, Step L next to R  
3&4&        Dig R heel forward, step R next to L, dig L heel forward, Step L next to R  
5-6            Step forward R dip slightly, straighten up as you step L next and click R fingers to R side  
7-8            Step forward R dip slightly, straighten up as you step L next and click R fingers to R side

**\*1st Restart here- L touch instead of step (see notes)**

**Section 3: Step R forward to 7.30, pivot ½ L to 1.30, 1/8 L step R side, behind, side, point L front, point L side, behind, side, cross**

1-2            Step forward R to 7.30, pivot ½ L to 1.30  
3-4&        Turn 1/8 L (12 o'clock) stepping R to R side, step L behind R, step R small step to R side  
5-6            Point L toe forward slightly crossing R, point L toe to L side  
7&8        Step L behind R, step R to R side, Cross L over R

**Section 4: Point R , cross with dip, L side, cross with dip, ¼ R, touch, back R shuffle**

1-2            Point R toe to R side, cross R over L as you dip  
3-4            Step L to L side, cross R over L as you dip  
5-6            Turn ¼ R stepping back slightly L, touch R toe next to L (3 o'clock)  
7&8        Step back R, step L next to R, step back R

**Section 5: L rock back, recover, ¼ R side rock, recover, L rock back, recover, ½ shuffle**

1-2            Rock back L, recover R  
3-4            Turn ¼ R rocking L to L side, recover R (6 o'clock)  
5-6            Rock back L, recover R  
7&8        Turn ¼ R stepping L, step R next to L, turn ¼ R stepping back L (12 o'clock)

**Section 6: R rock back, recover, ¼ L side rock, recover, R rock back, recover, ½ shuffle**

1-2            Rock back R, recover L  
3-4            Turn ¼ L rocking R to R side, recover L (9 o'clock)  
5-6            Rock back R, recover L  
7&8        Turn ¼ L stepping R, step L next to R, turn ¼ L stepping back R (3 o'clock) \*\* Restarts here- see notes

**Section 7: L sailor step, R toe back, reverse pivot ¼ R, L sailor step, R toe back, reverse pivot ¼ R**

1&2        Step L behind R, small step R to R side, small step L to L side  
3-4        Touch R toe back, turn ¼ R stepping down on R (6 o'clock)  
5&6        Step L behind R, small step R to R side, small step L to L side  
7-8        Touch R toe back, turn ¼ R stepping down on R (9 o'clock)

**Section 8: Twist ¼ L, twist ¼ R, twist 1/4 L, hold, heel ball 1/8 R to 7.30, sit down, up**

- 1-2                    keeping both feet in place twist ¼ L weight L, twist ¼ R weight R  
3-4                    Twist ¼ L weight L, hold (6 o'clock)  
5&6                    Touch R heel next to L, step R 1/8 R to 7.30, step L next to R  
7-8                    Bend both knees as though sitting down slightly, straighten knees to stand up – weight R

**Start again – Enjoy!**

**\*1st Restart:- Restart the dance after 16 counts of wall 1. Step change on count 16 - touch L next to R.**

**\*\* Restart on wall 3, 5 and 6, after section 6. Step and timing change on count 7&8 (section 6) – Step forward R, pivot 5/8 (1.30) L taking weight back on R- Count becomes 7-8 on step change.**

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