

Red Dress

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Beginner
編舞者: Maria Hennings Hunt (UK) - August 2016
音樂: Red Dress - MAGIC!



Intro: 16 count intro - start on vocal

RUMBA BOX WITH HOLDS

1-2 Step right foot (RF) to side, close left foot (LF) to RF
3-4 Step forward on RF, hold
5-6 Step LF to side, close RF to LF
7-8 Step back on LF, hold (12:00)

REVERSE ROCKING CHAIR, COASTER STEP, HOLD

1-2 Rock back on RF, recover weight on LF
3-4 Rock forward on RF, recover weight on LF
5-6 Step back on RF, close LF to RF
7-8 Step RF forwards, hold (12:00)

STEP HOLD, STEP ¼ LEFT, CROSS, SIDE, BEHIND, SIDE (WEAVE)

1-2 Step forward on LF, hold
3-4 Step RF forward, turn ¼ left, recovering weight on LF
5-6 Cross RF over LF, step LF to side
7-8 Step RF behind LF, step LF to side (9:00)

CROSS MAMBO ROCKS R & L WITH HOLDS

1-2 Cross rock RF over LF, recover weight RF
3-4 Step RF to side, hold
5-6 Cross rock LF over RF, recover weight RF
7-8 Step LF to side, hold (9:00)

REPEAT

NO TAGS or RESTARTS!

Contact: www.dancegeneration.co.uk - 078 118 23467