

Hands Up For Love

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
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音樂: Lou Bega – Hands Up For Love



Intro: 32 counts

Section 1: R Side Rock, Recover, Behind-Side-Cross, L Side Rock, Recover, Behind-Side-Cross

1-2 Rock RF out to right side, recover weight on LF
3&4 Cross RF behind LF, step LF to left side(&), cross RF over LF
5-6 Rock LF out to left side, recover weight on RF
7&8 Cross LF behind RF, step RF to right side(&), cross LF over RF

Section 2: R Side Rock, Recover ¼ Left, Shuffle ½ Turn, Back, Back, Behind-Side-Cross

1-2 Rock RF out to right side, recover LF ¼ Left (9)
3&4 Step RF ¼ left (6), step LF beside RF(&), step RF ¼ left back (3)
5-6 Walk back L, R
7&8 Cross LF behind RF, step RF to right side(&), cross LF over RF

*Restart in wall 6

*Restart in wall 9

Section 3: R Side, Touch, Side, Together, Fwd, R Mambo Fwd, L Mambo Back

1-2 Step RF to right side, touch LF beside RF
3&4 Step LF to left side, step RF beside LF(&), step LF forward
5&6 Rock RF forward, recover weight on LF(&), step RF beside LF
7&8 Rock LF back, recover weight on RF(&), step LF beside RF

Section 4: Pivot ½ Turn Left, Cross Samba, Cross, Side, Behind-Side-Cross

1-2 Step RF forward, pivot ½ turn left (9)
3&4 Cross RF over LF, rock LF out to left side(&), recover weight on RF
5-6 Cross LF over RF, step RF to right side
7&8 Cross LF behind RF, step RF to right side(&), cross LF over RF

Have Fun!

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