

Silent

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Lily Cheng (CN) - September 2016
音樂: Silent by NaYing (China)



Intro: 16 counts (From heavy music)

(1-8) L Night club step, R Night club step, Paddle Turn L, L Forward, Rock R forward, Recover

1-2& Large step L to L, Cross R behind L, Recover on L
3-4& Large step R to R, Cross L behind R, Recover on R
5&6& L forward, 1/4 turn L stepping R to R, 3/4 turn L step L to L, Step R beside L(12:00)
7-8& Step L forward , Rock step R forward, Recover on L

(9-16) Step back R,L, Rock back, Recover, Cross, Together, Sweep, 3/4 turn R and forward, Camel step

1&2-3 Step back R,L, Rock R back and Look back, Recover on L
4&5-6 Cross R over L, Step L together, Cross R over L and sweep L back to front, 3/4 turn R stepping L forward(9:00)
7&8& Step R forward, Step L behind R, Step R forward, Step L behind R

(17-24) Drag R step, Cross unwind, Drag R step, Cross unwind, R Mambo cross, L Mambo cross

1-2& 1/4 turn R dragging step R to R, Cross L over R, Turn 3/4 R(Recover on L)(9:00)
3-4& 1/4 turn R dragging step R to R, Cross L over R, Turn 3/4 R(Recover on L)(9:00)
5&6 Rock R to R, Recover on L, Cross R over L
7&8 Rock L to L, Recover on R, Cross L over R

(25-32) 1/4 turn R Vine step, Cross, L side, 1/4 turn R and forward, Sweep, Sweep, Touch, Point, Drag

1&2& 1/4 turn R crossing R over L, Step L to L, Cross R behind L, Step L to L(12:00)
3&4 Cross R over L, Step L to L, 1/4 turn R stepping R forward (3:00)
5-6& 1/4 turn L stepping L forward sweeping R back to front, Step R forward sweeping L back to front, 1/2 turn R touch L beside R
7-8 Point L to L, Drag L towards R

Tag: 4 Counts(After wall 5)

1-2& Large step L to L, Cross R behind over L, Recover on L
3-4& Large step R to R, H Cross L behind over R, Recover on R

Restart: After 16 counts on walls 2, 8

(When dance to count 7&8, don't dance count &, Then turn 1/4 L and Restart)

Have fun!

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