

# My Heart Is Lost To You

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 2      級數: Easy Intermediate  
編舞者: Bill Larson (AUS) - August 2016  
音樂: My Heart Is Lost to You - Brooks & Dunn : (CD: Great Hits Collection)



Weight on Right, Start 32 counts in on vocals (18 seconds) V2 28.8.16 - Turning CCW

## S1. □□ Step Turn/ Kick, Coaster Step, Side Recover Cross Shuffle

1,2            Step forward on L, turning 1/2 R Kick R forward (6:00)  
3&4           Step back on R, Step L beside R, Step R forward  
5,6           Step L to side, Recover weight onto R  
7&8           Cross shuffle to right: Stepping L, R, L

## S2. □□ 1/4 L, 1/4 L, Cross Shuffle, Side Recover Sailor Step

1,2            turning 1/4 L Step back on R (3:00), turning 1/4 L Step L to side (12:00)  
3&4           Cross shuffle to left: Stepping R, L, R

## \*\*\*\* □□ Restart here on Walls 4 & 8 (12 counts)

5,6           Step L to Side, Recover weight onto R  
7,8           Step L behind R, Step R to side, Recover weight back onto L

## S3. □□ Forward Recover Coaster Step, Forward Recover, Roll Back Full Turn

1,2           Step forward onto R, Recover weight back onto L  
3&4           Step back on R, Step L beside R, Step R forward  
5,6           Step forward onto L, Recover weight back onto R  
7&8           turning 1/2 L Step forward on L (6:00), turning 1/2 L Step back on R (12:00)

## S4. □□ Step Back Recover, Shuffle Forward, Turning Shuffle, Back Recover

1,2           Step back on L, Recover weight onto R  
3&4           Shuffle forward: Stepping L, R, L  
5,6           turning 1/2 L Shuffle back: Stepping R, L, R (6:00)  
7,8           Step back on L, Recover weight onto R

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