

Die A Happy Man Triple Two

COPPER KNOB
STEPSHEETS

拍數: 48

牆數: 1

級數: Low Intermediate - Triple Two Step
style



編舞者: Debra Cleckler (USA) - August 2015

音樂: Die a Happy Man - Thomas Rhett : (CD: Tangled Up)

Triple Two Step is a smooth six count pattern consisting of a walk-walk, triple-step, triple-step basic using diagonals, body shaping and Contra Body Movement (CBM). This dance is written in eight counts to match the music. "Shape and Rotate" body before stepping.

[1-8] □ Walk L-R, Diagonal Triple Steps L & R, 1/2 Pivot Turn Right (End facing 6:00)

- 1-2 Walk forward left, right (start shaping body to R diagonal).
3 Rotate to R diagonal and step side left (facing 1/8 turn to right). □□□□1:30
& 4 Step right foot close to left foot (&), rotate 1/8 L (face LOD) step left foot forward (4). □12:00
5 Rotate to L diagonal and step side right facing 1/8 turn to left. □□□□11:30
& 6 Step left foot close to right foot (&), rotate 1/8 R to LOD and step right foot forward (6). □12:00
7-8 Step left foot forward in CBM and make 1/2 pivot turn to right, weight to right. □□6:00

[9-16] □ Promenade Walk L-R, French Cross R 1/2 Turn, R Back-Lock-Back, L Back Rock (12:00)

- 1-2 Shape R stepping L foot forward (1), Step R foot across left (CBMP) making 1/4 turn right (2)
3 Pivot 1/4 turn to right on right foot and step back on left foot. □□□□12:00
& Step (lock) right foot in front of left.
4 Step left foot back.
5& Step right foot back to diagonal right (5), Step (lock) left foot in front of right (&).
6 Step right foot back.
7-8 Step ball of left foot back at right heel (rock) (7), Recover weight to right foot (8) □12:00

[17-24] □ Walk L-R, L Side Rock-Cross, R Side Rock-Cross, 1/4 Turn R, Back L, Side R (End 3:00)

- 1-2 Walk forward left, right.
3& Step left foot to left side (3), recover weight to right foot (&),
4 Step left foot across in front of right foot.
5& Step right foot to right side (5), recover weight to left foot (&),
6 Step right foot across in front of left foot and pivot 1/4 right. □□□□3:00
7-8 Step back on left (&), step side right (slightly back). □□□□3:00

[25-32] □ Cross, Side, Behind Side Cross, Side Rock Cross, 1/4 Turn Right, Back L-R (End 6:00)

- 1-2 Cross left foot over right in 5th (1), step side right (2).
3&4 Cross left foot behind right (3), step right foot side (&) cross left foot over right.
5&6 Step ball of right foot to side (5), recover to left (&), cross right over left (6),
*7-8 □ Rotate 1/4 right on right foot and step back on left (7), step back on right (8). □□6:00
*Fifth Rotation: Slight variation counts 7-8 (music slows), then a Restart. On 7-8 (after 5&6 (R side rock cross)) unwind 1/4 L turn to face front leaving weight on R foot and Restart at beginning of dance.

[33-40] □ Back Sweep (X3), Back Right, Hook Left (End facing 6:00) □

- 1-2 Step back on left foot (1), sweep right foot front to back (2)
3-6 Repeat 1-2 this section two more times. (back R, sweep L (3-4), back L, sweep R (5-6))
7-8 Step right foot back (7), hook left foot over right (8) (body shapes 1/8 R).

[41-48] □ Promenade Walk L-R, French Cross 1/2 R, Turn, Back-Lock-Back – L Back Rock (12:00)

- 1-2 Step left foot forward (1), Step right foot across left (CBMP) making 1/4 turn right (2)
3 Pivot 1/4 turn to right on right foot and step left foot back. □□□□12:00
& Step (lock) right foot in front of left.

- 4 Step left foot back.
- 5& Step right foot back to diagonal right (5), Step (lock) left foot in front of right (&).
- 6 Step right foot back.
- 7-8 Step ball of left foot back (rock) (7), Recover weight to right foot (8) □ □ □ 12:00

Start Over!

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