

Pure & Simple

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Ami Carter (UK) - August 2016
音樂: Pure and Simple - Dolly Parton : (iTunes)



[1 – 8] □ RIGHT FORWARD, TOUCH, LEFT BACK, KICK, COASTER STEP, BALL-STEP, WALK, MAMBO

1&2& Step right foot forward, touch left next to right, step left foot back, right foot kick forward
3&4 Step right foot back, step left next to right, step right foot forward
&5 6 Step ball of left foot next to right, step right foot forward, step left foot forward
7&8 Rock right foot forward, recover onto left, step right foot back

[9 – 16] □ WALK BACK x2, ½ LEFT SHUFFLE, STEP ¼ PIVOT, LONG WEAVE

1 2 Walk back left, right
3&4 Make ½ turn left stepping left, right, left
5&6 Step right foot forward, make ¼ turn left shifting weight to left foot, cross right foot over left
&7&8 Step left foot to side, step right foot behind left, step left foot to side, cross right foot over left

[17 – 24] □ LEFT SIDE, TOUCH, RIGHT SIDE, KICK, WEAVE, BALL-CROSS, BACK, SIDE, CROSS

1&2& Step left foot to side, touch right next to left, step right foot to side, kick left foot to left diagonal
3&4 Step left foot behind right, step right foot to side, cross left foot over right
&5 6 Step right foot slightly to right side, cross left foot over right, step right foot back
7 8 Step left foot to side, cross right foot over left

[25 – 32] □ ¼ LEFT CHASSE, STEP ½ PIVOT, STEP, FULL TURN, LEFT SHUFFLE

1&2 Step left foot to side, step right next to left, make ¼ turn left stepping left foot forward
3&4 Step right foot forward, make ½ turn left shifting weight to left foot, step right foot forward
5 6 Make ½ turn right stepping left foot back, make ½ turn right stepping right foot forward

Easy Option: Walk forward left, right

7&8 Step left foot forward, step right foot next to left, step left foot forward

START AGAIN

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