

All About It

拍數: 48 牆數: 4 級數: Improver
編舞者: Brandi Hughes (CAN) - August 2016
音樂: All About It - Drew Gregory : (iTunes, amazon)



Sec 1. Vine, Touch, Paddle ½ Turn

- 1-4 Step Left to left side (1), Cross Right behind left (2), Step Left to left side (3), Touch Right beside left (4)
- 5&6& Turn 1/8 left on left ball of foot (5), Point Right toe to right (&), Turn 1/8 left on ball of foot bringing right toe to center (6), Point Right toe to right (&)
- 7&8 Turn 1/8 left on left ball of foot (7), Point Right toe to right (&), Turn 1/8 left on ball of foot bringing right toe to center (8) (6:00)

Sec 2. Vine, Touch, Paddle ½ Turn

- 1-4 Step Right to right side (1), Cross Left behind right (2), Step Right to right side (3), Touch Left beside right (4)
- 5&6& Turn 1/8 right on Right ball of foot (5), Point Left toe to left (&), Turn 1/8 right on Right ball of foot (6), Point Left toe to left (&)
- 7&8 Turn 1/8 right on ball of Right foot (7), Point Left toe to left (&), Turn 1/8 right on Right ball of foot (8) (12:00)

Sec 3. Side Shuffle, Rock/Recover, ¼ Turn, Touch/Clap, Stomps

- 1&2 Step Left to left side (1), Step Right beside left (&), Step left to left side (2)
- 3-4 Step Right back (3), Recover weight forward on Left (4)
- 5-6 Step Right to right side making ¼ turn right (3:00) (5), Touch Left beside right (Clap)(6)
- 7-8 Stomp Left foot forward (7), Stomp Right beside left (8)

Sec 4. Side Shuffle, Rock/Recover, Step, Touch/Clap , Stomps (x2)

- 1&2 Step Left to left side (1), Step Right beside left (&), Step left to left side (2)
- 3-4 Step Right back (3), Recover weight forward on Left (4)
- 5-6 Step Right forward (5), Touch Left beside right (Clap) (6)
- 7-8 Stomp Left forward (7), Stomp Right beside left (8)

****Restart Here on Wall 1,3,6****

Sec 5. Diagonal Shuffle, Diagonal Shuffle, Jazz Box

- 1&2 Step Left forward (10:30) (1), Step Right beside left (&), Step Left forward (2)
- 3&4 Stepping Right forward (1:30) (3), Step Left beside right (&), Step Right forward (4)
- 5-8 Cross Left over right (5), Step Right back (6), Step Left at center (7), Right beside left (8)

Sec 6. Heel, Toe, Step, Touch, Heel, Toe, Step, Touch

- 1-4 Tap Left heel Forward (1), Tap Left toe Back (2), Step Left forward (3) Touch Right beside Left (4)
- 5-8 Tap Right heel forward (5), Tap Right toe back (6), Step Right foot forward (7), Touch Left beside right (8)

****Restarts: Wall 1, 3, 6 – Only do first 32 Counts and start dance from beginning**

Enjoy!