

# At Work

COPPER KNOB  
STEPSHEETS

拍數: 80      牆數: 1      級數: Phrased Intermediate  
編舞者: Ellie Hendriks (NL) - August 2016  
音樂: Work from Home (feat. Ty Dolla \$ign) - Fifth Harmony



Pattern of dance. AA BC AA BC AA BCC first 5 counts of A

## A Pattern 32 counts

### A1: Back , Coaster Step, Step, ¼ Pivot, Hold, Chasse R,

1-2&3      step back on right, step back on left, step right next to left, step left forward,  
4            step right forward,  
5&6        step left forward, make ¼ turn right, cross left over right,  
7-8&1     Hold, step right to the right side, step left next to right, step right to the right side,

### A2: Sailor Step, Coaster Step, Scuff Hitch Point, Hold, Step, Hold, Ball Step,

2&3        cross left behind right, Step right slightly to right side, step left to the side,  
4&5        step back on right, step left next to right, step right forward,  
6&7        scuff left forward, hitch with left, point left back on ball  
8&1        hold, step right next left, point left back on ball

### A3: Step, Shuffle Fwd, Point, Cross, Point, ½ Sailor Cross R, 2-3&4□step on left and look to the left side with you right knee a little up, step right forward, step left next to right, step . right forward,

5- 6        point left to the side, cross left over right,  
7            point right to the side,  
8&1        step right behind left, Step left to left side while making ¼ turn right, cross right over left making ¼ turn right,

### A4: Step, Cross Rock, Step, Cross, Turn ¾ R, Step, Rock Step, 2-3&4□step left to the side, right, cross right over left, recover on left, step right to the right side,

5-6        cross left over right, turn ¾ right weight is on your right,  
7-8&      step forward on left, step forward on right, recover on left,

## B Pattern - 32 counts

### B1: Step X4, Rolling Vine, Touch Clap

1-2-3-4    step back on right, step, step back on left , step back on right, step, step back on left , (with every step you make you lift something heavy on your right ,left, right, left hand )  
5-6-7-8    ¼ turn right step right forward, ½ turn right step left backwards, ¼ turn right to the right side, touch left next to right,

### B2: Step X4, Rolling Vine, Touch Clap

1-2-3-4    step forward on left , step forward on right, step forward on left , step forward on right, step, (with every step . . you make you lift something heavy on your left, right, left, right ,hand )  
5-6-7-8    ¼ turn left step left forward, ½ turn left step right backwards, ¼ turn left to the left side, touch right next to left,

### B3: Shuffle, ½ Pivot, Shuffle, ¼ Pivot,

1&2        shuffle forward step right forward, step left next to right, step right forward, 3-4 step left forward, Make a ½ turn,  
5&6        shuffle forward step left forward, step right next to left, step left forward,  
7-8        step right forward, make a ¼ turn left,

### B4: Shuffle, ½ Pivot, Shuffle, ¾ Pivot,

1&2        shuffle forward step right forward, step left next to right, step right forward,  
3-4        step left forward, Make a ½ turn,

5&6 shuffle forward step left forward, step right next to left, step left forward,  
7-8 step right forward, make a  $\frac{3}{4}$  turn left,

**C pattern 16 counts**

**C1: Side, Touch, Side, Touch, Side Touch, Scissor Step,  $\frac{1}{2}$  Jazzbox,**

1&2& step right to right, touch left next to right, step left to left, touch right next to left

3&4& step right to right, step together with left, step right to right, step left next to right

5-6-7-8 cross right over left, turn  $\frac{1}{4}$  right step left back, turn  $\frac{1}{4}$  right step right to the right side, step left next to right.

**C2: Side, Touch, Side, Touch, Side Touch, Scissor Step,  $\frac{1}{2}$  Jazzbox,**

1&2& step right to right, touch left next to right, step left to left, touch right next to left

3&4& step right to right, step together with left, step right to right, step left next to right

5-6-7-8 cross right over left, turn  $\frac{1}{4}$  right step left back, turn  $\frac{1}{4}$  right step right to the right side, step left next to right.

**Have fun**

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