

Sing My Song (P)

拍數: 32 牆數: 0 級數: Partner
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音樂: Conny Dean & Sing Me A Sad Song



Intro: On Song - Start in Closed Position

Steps v/d Man

M1: Step left, Together, Chasse Left, Right Rocking Chair

- 1 LF Step to left side (OLOD)
- 2 RF Step close next to LF
- 3 LF Step to left side
- & RF Step close to LF
- 4 LF Step left to left side
- 5 RF Rock back
- 6 LF Recover
- 7 RF Rock forward
- 8 LF Recover

M2: Step Right, Together, Chasse Right, Left Rocking Chair

- 1 RF Step to the right
- 2 LF Step next to left
- 3 RF Step to right side
- & LF Step close To RF
- 4 RF Step to the right
- 5 LF Rock Back
- 6 RF Recover
- 7 LF Rock Forward
- 8 RF Recover

M3: Walk Left & Right Back, Left Shuffle Back, Rock Right Back. Recover, Right Shuffle Fwd

- 1 LF Walk back
- 2 RF Walk back
- 3 LF Step back
- & RF Step close to LF
- 4 LF Step back
- 5 RF Rock back
- 6 LF Recover
- 7 RF Step forward
- & LF Step close to RF
- 8 RV Step forward

M4: Walk Fwd Left & Right Fwd, Left Shuffle Fwd, Rock Right Fwd, Recover, Shuffle ½ Turn Right

- 1 LF Walk forward
- 2 RF Walk forward
- 3 LF Step forward
- & RF Step close to LF
- 4 LF Step forward
- 5 RF Rock forward
- 6 LF Recover
- 7 RF Step ¼ Turn to the Right side
- & LF Step close to RF

8 RF □ Step ¼ turn to the Right side (ILOD)

Start Again

Steps v/d Lady

L1: Step Right, Together, Chasse Right, Left Rocking Chair

1 RF □ Step to the right (ILOD)
2 LF □ Step close to RF
3 RF □ Step to right side
& LF □ Step close to RF
4 RF □ Step to the right
5 LF □ Rock forward
6 RF □ Recover
7 LF □ Rock Back
8 RF □ Recover

L2: Step left, Together, Chasse Left, Right Rocking Chair

1 LF □ Step to the left
2 RF □ Step close next to LF
3 LF □ Step to left side
& RF □ Step close to LF
4 LF □ Step left to left side
5 RF □ Rock forward
6 LF □ Recover
7 RF □ Rock back
8 LF □ Recover

L3: Walk Left & Right Fwd, Shuffle ½ Turn Left, Left Back Rock. Recover, Shuffle ½ Turn Right

1 RF □ Walk forward
2 LF □ Walk forward
3 RF □ Step ¼ Turn Left side
& LF □ Step close to RF
4 RF □ Step ¼ Turn Left side (OLOD)
5 LF □ Rock Back
6 RF □ Recover
3 LF □ Step ¼ Turn Right side
& RF □ Step close to LF
4 LF □ Step ¼ Turn Right side (OLOD)

L4: Walk Right & Left Back, Right Shuffle Back, Left Back Rock, Recover, Shuffle ½ Turn Right

1 RF □ Walk back
2 LF □ Walk back
3 RF □ Step back
& LF □ Step close to RF
4 RF □ Step back
5 LF □ Rock Back
6 RF □ Recover
7 LF □ Step ¼ Turn to Right side
& RF □ Step close to LF
8 LF □ Step ¼ Turn to Right side (OLOD)

Start Again

