

You Gotta Prove It

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Sally Hung (TW) - August 2016
音樂: Let's Get Loud - Jennifer Lopez



Sequence Of Dance: Restart After Finishing S6 Of Wall 1 (9:00)

Intro: 32 Counts

S1. R CROSS SAMBA, L CROSS SAMBA, FWD, ½ TURN R, FWD SHUFFLE

1&2,3&4 Cross R over L, rock L to L side, recover on R, cross L over R, rock R to R side, recover on L
5,6,7&8 Step fwd R, make ½ turn R, step R fwd, close L beside R, step R fwd

S2. L CROSS SAMBA, R CROSS SAMBA, FWD ROCK RECOVER, COASTER STEP

1&2,3&4 Cross L over R, rock R to R side, recover on L, cross R over L, rock L to L side, recover on R
5,6,7&8 Rock fwd on L, recover on R, step back L, step R beside L, step L fwd

S3. (TOE, TOE, FWD SHUFFLE) R-L

1,2,3&4 Touch R toe fwd, touch back on R toe, step R fwd, close L beside R, step R fwd
5,6,7&8 Touch L toe fwd, touch back on L toe, step L fwd, close R beside L, step L fwd

S4. R BACK SHUFFLE, L BACK SHUFFLE, JAZZ BOX WITH ¼ TURN R

1&2,3&4 Step back R, close L beside R, step back R, step back L, close R beside L, step back L
5,6,7,8 Cross R over L, step back on L, turn ¼ R stepping R to R side, step fwd on L

S5. OUT OUT BACK CLOSE, PADDLE TURN FULL TURN L

1,2,3,4 Step R diagonally fwd, step L to side (shoulder width), step R back, step L together
5,6,7,8 Step R fwd, turn ½ L, step R fwd, turn ½ L

S6. TWO SAMBA WHISKS, PADDLE TURNS FULL TURN L

1&2,3&4 Step R to R side, rock back on L, recover to R, step L to L side, rock back on R, recover to L
5&6&7&8& (Make ¼ turn L pointing R to R side, recover onto L)x4

S7. CROSS ROCK, RECOVER, TRIPLE STEP WITH CLAPS(X3), CROSS ROCK, RECOVER, TRIPLE STEP WITH CLAPS(X3)

1,2,3&4 Cross rock R over L, recover onto L, triple step on RLR with hands clap for 3 times
5,6,7&8 Cross rock L over R, recover onto R, triple step on LRL with hands clap for 3 times

S8. STEP, PIVOT ½ TURN L, FWD SHUFFLE, STEP, ½ TURN R JUMP, FWD SHUFFLE

1,2,3&4 Step R fwd, Pivot ½ turn L, step R fwd, close L beside R, step R fwd
5,6,7&8 Step L fwd, make ½ turn R jumping R, step L fwd, close R beside L, step L fwd

Happy Dancing!

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