

The Wild Life

拍數: 32 牆數: 2 級數: Beginner / Improver
編舞者: Jonno Liberman (USA) - August 2016
音樂: The Wild Life - Outasight



Dance begins after 32 counts. No Restarts

[1-8] Step Diagonal, Hold, Together, Step Diagonal, Touch, Heel Switch, Rock, Recover (12:00)

1, 2& Step R forward onto diagonal, Hold, Step L next to R
3, 4 Step R forward onto diagonal, Touch L next to R
5&6& Touch L heel forward, Step L next to R, Touch R heel forward, Step R next to L
7, 8 Rock L forward, Recover weight back onto R

[9-16] Step Left, Hold, Together, Step Left, Touch, Heel Switch, Step Forward, Scuff (12:00)

1, 2& Step L to left, Hold, Step R next to L
3, 4 Step L to left, Touch R next to L
5&6& Touch R heel forward, Step R next to L, Touch L heel forward, Step L next to R
7, 8 Step R forward, Scuff L heel

[17-24] Cross, Back, Side Triple, Cross, Back, ¼ Triple (3:00)

1, 2 Cross L over R, Step R back
3&4 Step L to left, Step R next to L, Step L to left
5, 6 Cross R over L, Step L back
7&8 Step R to right, Step L next to R, Turn ¼ right as you step R forward (3:00)

[25-28] There are two options for counts 25-28 (3:00)

Option 1: Touch Side, Touch Front, Touch Side, Step Forward

1, 2 Touch L to left side, Touch L forward
3, 4 Touch L to left side, Step L forward

Option 2: Side Rock Recover, Front Rock Recover, Side Rock Recover, Step Forward

1&2& Rock L to left, Recover weight onto R, Rock L forward, Recover weight onto R
3&4 Rock L to left, Recover weight onto R, Step L forward

[29-32] Twist Right Heel, Twist Left Heel, Rock, Recover, Scuff & Hitch (6:00)

5, 6 Twist R heel ¼ left, Twist L heel ¼ left (6:00)
7&8 Rock R back, Recover weight forward onto L, Scuff R heel into front hitch

TAG: At the end of wall 7, facing 6:00

[1-4] Step Diagonal, Small Hitch, Rock Back (6:00)

1, 2 Step R forward onto diagonal, Hold
3, 4 Slightly hitch L forward, Rock L back

Start the dance again by recovering forward for count one.

Notes: For counts 25-28, Option 2 best hits the music on walls 2, 5, and 6.

Contact: JivinJonno@icloud.com