Rappelle-Moi

拍數: 32

級數: Low Intermediate

編舞者: Silvia Schill (DE) - August 2016

音樂: Si jamais j'oublie - ZAZ

Start after 16 counts

Dorothy Steps R & L, Rock Forward R & Rock Forward L

- 1-2& Step right diagonally forward with RF, lock LF behind RF, step right diagonally forward with RF
- 3-4& Step left diagonally forward with LF, lock RF behind LF, step left forward with LF
- 5-6 RF step forward, lift LF, step back on LF
- &7-8 RF beside LF, LF step forward, lift RF, step back on RF

Back, Hold & Step L, Hold & Step, Cross, Back, Side

- 1-2 Great step with LF back hold
- *Restart: in the 3rd passage: 6 o'clock, after "1" break up, on "2" RF beside LF and start again with the refrain
- &3-4 RF beside LF, LF step forward hold
- &5-6 RF beside LF, LF step forward RF cross over LF
- 7-8 Step back LF step RF to right side

Shuffle Across, ¼ Turn L/Shuffle Back, Touch Behind, Unwind ½ L, Rock Side

- 1&2 LF cross over RF, RF to heel LF, LF cross over RF
- 3&4 1/4 turn left step back with RF (9 o'clock), LF beside RF, step back with RF
- 5-6 Left toe behind RF ¹/₂ turn left onto balls, weight back on LF (3 o'clock)
- 7-8 Step RF to right side, lift LF, weight back on LF

Sailor Step, Sailor Step Turning 1/4 L, Heel & 1/8 Turn L/Touch & 2x

- 1&2 RF cross behind LF step LF to left side, weight back on RF
- 3&4 LF cross behind RF with ¼ turn left (12 o'clock), step RF to right side and weight back on LF
- 5& Right heel touch forward, RF beside LF
- 6& 1/8 turn left, tap left toe beside RF, LF beside RF (10:30 o´clock)
- 7&8& as 5&6& (9 o´clock)

*Tag: after the 6th passage - 9 o'clock

Hold 4 (Hip Rolls)

1-4 4 beats hold or hip rolls

Start again and happy dancing!

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For any errors in the translation there is no guarantee!





牆數:4