I Fell In Love Again

拍數: 64

級數: Beginner / Improver

編舞者: Yvonne Krause (USA) - August 2016

音樂: I Fell In Love Again Last Night - The Forester Sisters

[1-8] □□ROCKING CHAIR, SHUFFLE FORWARD, SHUFFLE FORWARD□

- 1-4 Rock forward on right, rock back on left, rock back on right, rock forward on left.
- 5&6 Shuffle forward stepping right, left, right.
- 7&8 Shuffle forward stepping left, right, left.

[9-16]□□ROCK RECOVER, STEP BACK SWEEP, BEHIND SIDE CROSS

- 1-4 Rock forward on right, recover onto left, step back on right, sweep left front to back.
- 5-8 Continue sweep then step left behind right, step right to right side, cross left over right.

[17-24] STEP HOLD & STEP HOLD, ROCK RECOVER, SHUFFLE LEFT

- 1-2&3-4 Step right to right side and hold, step left next to right, step right to right side and hold.
- 5-6 Rock left foot forward, recover onto right.
- 7&8 Shuffle left stepping left, right, left.

[25-32] JAZZ BOX INTO A WEAVE W/1/4 TURN SHUFFLE (3:00)

- 1-4 Cross right over left, step back on left, step right to right side, cross left over right.
- 5-6 Step right to right side, step left behind right.
- 7&8 As you make a ¼ turn right shuffle forward stepping right, left, right.

[33-40] LEFT SYNCOPATED LOCK, JAZZ BOX W/1/4 TURN & CROSS (6:00)

- 1-2 Step forward on left, lock right behind left.
- 3&4 Step forward on left, lock right behind left, step forward right.
- 5-8 Cross right over left, step back on left.
- 7-8 As you make ¼ turn right step forward on right, cross left over right.

There are two Restarts in this dance. Both start here during the 2nd & 4th revolutions

[41-48] STEP HOLD & STEP HOLD, ROCK RECOVER, SHUFFLE LEFT

- 1-2&3-4 Step right to right side and hold, step left next to right, step right to right side and hold.
- 5-6 Rock left foot forward, recover onto right.
- 7&8 Shuffle left stepping left, right, left.

[49-56] CROCK RECOVER, STEP BACK SWEEP, BEHIND SIDE CROSS

- 1-4 Rock forward on right, recover onto left, step back on right, sweep left front to back.
- 5-8 Continue sweep then step left behind right, step right to right side, cross left over right.

[57-64] CREVERSE RUMBA BOX

- 1-4 Step right foot to right side, step left next to right, step back on right, hold.
- 5-8 Step left foot to left side, step right next to left, step forward on left, hold.

May You Always Dance Like No One Is Watching

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牆數:2