Cinderella



拍數: 48 牆數: 4 級數: Low Intermediate

編舞者: EWS Winson (MY) & Adeline Cheng (MY) - August 2016

音樂: Cinderella - Tata Young

back (4) □9.00

over RF (8) ***□6.00



Intro: 16 coun	its in (approx. 11 sec)
#1 (1-8)□R K	ick Ball Step, Heel Swivels, L Low Hitch, L-R Back Attitude Walk, L Coaster Cross□
1&2	Kick RF forward (1), step RF in place (&), step LF forward (2) □ 12.00
&3&4	Twist both heels to L side (&), return heels to centre (3), twist both heels to L side (&), return heels to centre (4) \square 12.00
&	Lift L knee up (&) – keep this step quick and low ☐ 12.00
5-6	Step LF back (5), step RF back (6) – walk with attitude ☐ 12.00
7&8	Step LF back (7), close RF next to LF (&), cross LF over RF (8) □ 12.00
	Side Point with Hips Lifted & Dropped, R Behind, L Side, R Cross, L Side Point with Hips Lifted Behind, ¼ (R) with R Forward, L Forward □
1&2	Point R toes to R side as lifting hips up (1), drop hips down (&), lift hips up (2) – remain weight on LF □ 12.00
3&4	Cross RF behind LF (3), step LF to L side (&), cross RF over LF (4) □ 12.00
5&6	Point L toes to L side as lifting hips up (5), drop hips down (&), life hips up (6) – remain weight on RF □ 12.00
7&8	Cross LF behind RF (7), turn ¼ R stepping RF forward (&), step LF forward (8) ***□3.00
Restart here	on Wall 6, facing 12.00 o'clock.
	R Cross Rock & Recover, R Side Rock & Recover, R Cross Heel Jack, L Cross Rock & Recover, & Recover, L Cross Heel Jack□
1&2&	Cross rock RF over LF (1), recover weight on LF (&), rock RF to R side (2), recover weight on LF (&) □ 3.00
3&4&	Cross RF over LF (3), step LF to L side (&), touch R heel diagonally to R side (4), close RF next to LF (&) \square 3.00
5&6&	Cross rock LF over RF (5), recover weight on RF (&), rock LF to L side (6), recover weight on RF (&) □12.00
7&8&	Cross LF over RF (7), step RF to R side (&), touch L heel diagonally to L side (8), close LF next to RF (&) \square 3.00
• •	4 (L) with Hips Rolled, L Side Tap with Hips Pushed, L Step & Hips Roll, ¼ (R) with R Forward ushed, R Coaster Step, L Forward Shuffle□
1-2	Turn ¼ L stepping RF to R side while rolling hips from L to R in a big circle (1), tapping L toes to L side while pushing hips to L side (2) □ 12.00
3-4	Step LF in place and roll hips from R to L in a big circle (3), turn ¼ R tapping R toes forward while pushing hips forward (4) □3.00
5&6	Step RF back (5), close LF next to RF (&), step RF forward (6) □ 3.00
7&8	Step LF forward (7), close RF next to LF (&), step LF forward (8)□3.00
	R Hitch, ¼ (R) with R Side, L Point, ¼ (L) with L Forward, ½ (L) with R Back & L Sweep, L Sailor Shoulder Shrugs, R Ball, L Cross□
1&2	Lift R knee up beside LF (1), turn ¼ R stepping RF to R side (&), point L toes to L side (2) □ 6.00
3-4	Turn ¼ L stepping LF forward (3), turn ½ L stepping RF back while sweeping LF from front to

5&6 Turn ¼ L crossing LF behind RF (5), step RF to R side (&), cross LF over RF (6) □ 6.00 Shrug shoulders to R side (&), shrug shoulders to L side (7), step RF to R side (&), cross LF &7&8

Restart here on Wall 7, facing 6.00 o'clock.

#6 (41-48)□R-L Syncopated Side Rocking Steps, R Side, Knee Pops, L Ball, R Cross Unwind ¾ (L)□		
1-2&	Rock RF to R side (1), recover weight on LF (2), step RF beside LF (&) □6.00	
3-4&	Rock LF to L side (3), recover weight on RF (4), step LF beside RF (&) □6.00	
5&6	Step RF to R side (5), pop both knees forward (&), recover both feet in place (6) – no weight □ 6.00	
&7-8	Close LF next to RF (&), cross RF over LF (7), turn ¾ L over L shoulder (8) – remain weight on LF □ 9.00	

Ending: On Wall 8, dance until count 40 and strike a pose you like, finishing at 12.00 o'clock.

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