

My Blue Heaven

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Ultra Beginner
編舞者: Irene Groundwater (CAN) - October 2009
音樂: My Blue Heaven - Doris Day



Music options:-

My Blue Heaven by Leon Redbone
My Blue Heaven by Preservation Hall Jazz Band [149 bpm]
My Blue Heaven by Billy Vaughn Orchestra [92 bpm]
My Blue Heaven by Artie Shaw [87 bpm]

Dedicated to a special friend "Mollie Dyce" - This was her favorite song

S1: (FORWARD HEEL STRUTS) TWICE, (BACK TOE STRUTS) TWICE

1-4 Step right heel forward, lower right toe, step left heel forward, lower left toe
5-8 Step right toe back, lower right heel, Step left toe back, lower left heel

Option for counts 1-4: hands at shoulder height with thumbs held in suspender straps

Option for counts 5-6: snap fingers right

Option for counts 7-8: snap fingers left

S2: FORWARD, TOGETHER, FORWARD, HOLD, FORWARD, TOGETHER, FORWARD, HOLD

1-4 Step right diagonally forward, step left together, step right diagonally forward, hold
5-8 Step left diagonally forward, step right together, step left diagonally forward, hold

Option for counts 1, 3, 5, 7: extend both forearms forward

Option for counts 2, 4, 6, 8: bring hands beside body

S3: TOUCH, HOLD, BACK, HOLD, TOUCH, HOLD, FORWARD, HOLD (CHARLESTON)

1-4 Touch right forward, hold, step right back, hold
5-8 Touch left back, hold, step left forward, hold

S4: RIGHT VINE WITH ¼ TURN RIGHT AND TOUCH, SWAY, SWAY, SWAY, HOLD

1-4 Step right side, cross left behind, turn ¼ right and step right forward, touch left together
5-8 Sway left, sway right, sway left, hold (circle right arm overhead or both arms overhead)

Option for count 2: step left together

Option for counts 5-7: step left side, step right together, step left side

Option for counts 1-8: make 1 ¼ turning vine right with touch and full turning vine left with touch

Option for counts 5-8: step left side, cross right behind, step left side, touch right together

REPEAT