Roll Me A Fat One

級數: Beginner +

編舞者: Rob McKean (CAN) - July 2016 音樂: Get High - Brandy Clark

Side Step, Touch, Scissor

拍數: 20

1&2&	Step side right on R, touch L beside R Step side left on L, touch R beside L
3&4	Step side right, together on L, cross R over L,
5&6&	Step side left on L, touch R beside L, step side right on R, touch L beside R
7&8	Step side left, together on R, cross L over R

(Repeat these steps after fifth sequence, Tag 2, then Restart at beginning)

牆數: 4

Step Slide, Step Scuff, Right Train, Rock, Recover, 1/4 Turn

9&10& Step forward on R, slide L beside R, step forward on R, scuff L forward

- 11&12& Step forward on L, slide R beside L, step forward on L, scuff R forward
- 13&14& Rock forward on R, recover on L, rock back on R, recover on L

15&16 Rock forward on R, recover on L, make a ¼ turn right stepping side right

(ON 9th sequence add step together on L, then re start at beginning)

Cross Strut, Side Strut, Behind, Ball, Cross

17&18&Cross L toe over R, step down on L, touch R toe to right, step down on R19&20Cross L behind R, step side right on ball of R, cross L over R(After second sequence pivot left twice Tag 1)

Repeat

Tag 1: Two Half Pivot Turns Left

1-4 Step forward on L, pivot ¹/₂ turn left, step forward on L, pivot ¹/₂ turn left

Tag 2: First 8 counts of the dance

Re Start: For the 9th sequence dance up to count 16 then step together on L (Adding an extra & count) and restart dance at beginning.

Sequence: Dance the whole 20 counts twice Tag 1 Dance the whole 20 counts 3 times Tag 2 Dance the whole 20 counts 3 times Sequence 9 (Extra & count then re start) Dance the whole 20 counts till the end.

Contact: robmckean@rogers.com



