

Nobody But Me

拍數: 48 牆數: 4 級數: Phrased Improver
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音樂: Nobody But Me - Michael Bubl  : (CD: Nobody But Me, Deluxe Version 2016 - iTunes & other mp3 sites)



Introduction: 8 counts, start on approx 05 sec.
Sequences: A, B, A, A, B, A, A, A, A, A 16, Ending.

Pattern A:

A I. 1-8 Smooth Steps to R, Smooth Steps to L.

1-2 Step R to R, Step L across R.
3&4 Step R to R, Step L across R, Step R to R.
5-6 Step L to L, Step R across L.
7&8 Step L to L, Step R across L, Step L to L.

A II. 9-16 Cross, ¼ Turn R, Back, R Chasse with ¼ Turn R, Toe Strut L with ½ Turn R, Coaster Step R.

1-2 Step R across L, Making ¼ turn R (3) step L back.
3&4 Step R to R, Step L beside R, Making ¼ turn R (6) step R forward.
5-6 Step L forward on toe, Making ½ turn R (12) drop heel taking weight on L.
7&8 Step R back, Step L beside R, Step R forward.

A III. 17-24 Step, Sweep R, Boto Fogo R, Cross, Back with ¼ Turn L, Coaster Step L.

1-2 Step L forward, Sweep R from back to front.
3&4 Cross R over L, Step L to L, Recover back onto R.
5-6 Step L across R, Making ¼ turn L (9) step R back.
7&8 Step L back, Step R beside L, Step L forward.

A IV. 25-32 Hip Bump R with ½ Turn L, Step, Lock, Step, Kick R, Cross, Side Rock & Cross.

1-2 Touch R forward bumping hips R, Making ½ turn L (3) stepping onto R.
3&4 Step L forward, Lock R behind L, Step L forward.
5-6 Kick R forward, Step R back in place across L
&7-8 Step L to L, Recover back onto R, Step L across R.

Pattern B:

B I. 1-8 Chass  in Box with 1 Full turn L.

1&2 Step R to R, Step L beside L, Step R to R.
3&4 Making ¼ turn L step L to L, Step R beside L, Step L to L.
5&6 Making ¼ turn L step R to R, Step L beside R, Step R to R.
7&8 Making ¼ turn L step L to L, Step R beside L, Making ¼ turn L step L forward.

B II. 9-16 2x ½ Pivot Turn L, Jazz Box R, Cross.

1-4 Step R forward, Pivot ½ Turn L onto L, Step R forward, Pivot ½ Turn L onto L.
5-8 Step R across L, Step L back, Step R to R, Step L across R.

REPEAT DANCE AND HAVE FUN!!

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