

Wave 'em High

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
編舞者: Nicole Petrocelli (USA) - August 2016
音樂: More Middle Fingers (feat. Brantley Gilbert) - Justin Moore



***Restart: 3rd wall after the first six counts**

[1-8]: ROCKING CHAIR, SUGAR FOOT, SIDE BEHIND SIDE, STEP 1/4 TURN

1&2& Rock forward R, replace L, rock back R, replace L
3&4 Touch R toe next to L, touch R heel next to L, Cross step R over L
5&6 Step L foot side, Step R foot behind L, Step L foot side *
7,8 Step forward R foot, 1/4 turn left (weight on L foot)

[9-16]: SWAYS, SIDE SHUFFLE, 1/4 TURN SAILOR, HEEL & HEEL

1,2 Sway Right, Sway left
3&4 Step R foot to right, Step L together, Step R
5&6 Step L behind right, 1/4 turn left (weight on R), Step forward L
7&8& Touch R heel forward, Step R foot, Touch L heel forward, Step L foot

[17-24]: TWO 1/2 PIVOTS LEFT, MAMBO FORWARD, MAMBO BACK

1,2 Step forward R, 1/2 pivot (weight on L)
3,4 Step forward R, 1/2 pivot (weight on L)
5&6 Rock forward R, Replace weight on L, Step back R
7&8 Rock back L, Replace weight on R, Step forward L

[25-32]: HIP BUMPS, KICK OUT OUT, HEEL TOE HEEL

1&2 Hip bumps right left right
3&4 Hip bumps left right left
5&6 Kick right foot, step R foot, Step L foot
7&8 Both heels together, both toes together, both heels together

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