All About Dangdut



拍數: 64 牆數: 1 級數: Beginner

編舞者: Maya Sofia (INA) - August 2016

音樂: All About That Bass (Dangdut Version) - Meghan Trainor



Intro: 32 Count

The dance ends after 6th wall

S1: (FORWARD ROCK, RECOVER, STEP BACK, TOUCH CROSS OVER) X2

1-4 Rock R forward, Recover on L, Step R back, Touch L toe cross over R
 5-8 Rock L forward, Recover on R, Step L back, Touch R toe cross over L

S2: TOE STRUTS

1-4 Touch R toe forward, Drop R heel, Touch L toe forward, Drop L heel

5-8 Repeat 1-4

S3: (SLOW CHASSE, HOLD) X2

Step R to side, Step L next to R, Step R to side, Hold
Step L to side, Step R next to L, Step L to side, Hold

S4: STEP IN PLACE

1-8 Step R next to L, Step in place on L, R, L, R, L, R, L

S5: LEFT AND RIGHT (CUCARACHA)

1-4 Rock R to side, Recover on L, Step R next to L, Hold5-8 Rock L to side, Recover on R, Step L next to R, Hold

S6: (TOUCH TO SIDE, CROSS BEHIND) X4

1-4 Touch R toe to side, Cross R behind L, Touch L toe to side, Cross L behind R

5-8 Repeat 1-4

S7: (STEP TO SIDE, TOUCH BESIDE, HIP DROPS X2) X2

Step R to side, Touch L toe beside R, Drop R hip to side twice
Step L to side, Touch R toe beside L, Drops L hip to side twice

S8: HEEL TWIST

1-4 Twist heel to R, L, R5-8 Twist heel to L, R, L

Begin again

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