

# Ting Mama

拍數: 64      牆數: 2      級數: Improver  
編舞者: Meiske Pamaputera (INA) - August 2016  
音樂: Listen to Mom (聽媽媽的話) - Jay Chou (周杰倫)



Intro ; 12 counts . No Tag, No Restart

## S1 : 4 Step Forward with hip shake

1&2      Right step forward shake hip Right, Left, Right  
3&4      Left step forward shake hip Left, Right, Left  
5&6      Right step forward shake hip Right, Left, Right  
7&8      Left step forward shake hip Left, Right, Left

## S2: Cross Right, Recover, Step, Cross Left, Recover, Step, Cross Right, Recover, Step, Cross Left, Recover, Step

1&2      Cross Right over Left, Recover on Left, Step Right next to Left  
3&4      Cross Left over Right, Recover on Right, Step Left next to Right  
5&6      Cross Right over Left, Recover on Left, Step Right next to Left  
7&8      Cross Left over Right, Recover on Right, Step Left next to Right

## S3: 3 Paddle ¼ Turn Left, Touch, Slide, Touch, Kick Ball Step Left

1-2      Touch Right forward & 1/4 turn Left (09;00 ), Touch Right forward & ¼ Turn Left (06;00)  
3-4      Touch Right forward & 1/4 turn Left (03;00), ¼ Turn Left & Touch Right next to Left( 12;00 )  
5-6      Slide Right to Right, Touch Left next to right  
7&8      Kick Left, Step on Ball of Left, Step Right

## S4: 3 Paddle ¼ Turn Right, Touch, Slide ,Step, Kick Ball Step Right

1-2      Touch Left forward, 1/4 Turn Right Touch Left forward (03;00) & ¼ Turn Right ( 06;00 )  
3-4      Touch Left forward & ¼ Turn Right (09;00 ), ¼ Turn Right & Touch Left (12;00 )  
5-6      Slide Left to Left, Touch Right next to Left  
7&8      Kick Right, Step on Ball of Right, Step Left

## S5: Mambo Side Right & Left, Step Back Shake Hip

1&2      Step Right to Right, Recover on Left, Step Right next to Left  
3&4      Step Left to Left, Recover on Right, Step Left next to Right  
5&6      Step Back Right Shake Left Hip up and down  
7&8      Step Back Left Shake Right Hip up and down

## S6: Shuffle R diagonal , Shuffle L diagonal, Forward R. ½ Turn L, Forward R, Shuffle L forward

1&2      Step Right diagonally Right, Step Left next to Right, Step Right forward  
3&4      Step Left diagonally Left, Step Right next to Left, Step left forward  
5&6      Step Right forward, ½ Turn Left stepping Left forward, Step Right forward  
7&8      Step Left forward, Step Right next to Left, Step Left forward (06;00 )

## S7: Mambo Forward Right, Mambo Back Left

1&2      Step Right Forward, Recover on Left, Step Right Back  
3&4      Step Left Back, Recover on Right, Step Left Forward  
5&6      Step Right Forward, Recover on Left, Step Right Back  
7&8      Step Left Back, Recover on Right, Step Left Forward

## S8: Samba Right & Left, Sailor Right & Left

1&2      Cross Right over Left, Step Left to Left, Step Right to Right  
3&4      Cross Left over Right, Step Right to Right, Step Left to Left

5&6            Cross Right behind Left, Step Left to Left, Step Right to Right  
7&8            Cross Left behind Right, Step Right to Right, Step Left to Left

**Start again & Enjoy the dance**

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