

# Fast As You

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Sonja Hemmes (USA) - August 2016  
音樂: Fast As You - Dwight Yoakam : (Album: Last Chance for a Thousand Years)



## Start on Lyrics:

### S1: WALK FORWARD RIGHT, LEFT, SHUFFLE, ROCK FORWARD, COASTER BACK

1-2            Walk forward right, left  
3&4            Shuffle forward stepping right foot forward, left behind right, right forward  
5-6            Rock forward left, recover weight back on right  
7&8            Step left foot back, step right next to left, step left forward

### S2: TOE STRUTS FORWARD (RIGHT AND LEFT), TRIPLE BACK (2X)

1-4            Touch right toe forward, drop right heel, touch left toe forward, drop left heel  
5&6            Step right foot back, step left foot in front of right, step right foot back  
7&8            Step left foot back, step right in front of left, step left foot back

### S3: ROCK BACK, TRIPLE 1/2 LEFT, ROCK BACK, TRIPLE 1/4 RIGHT □□

1-2            Rock back on right foot, return weight on left foot  
3&4            Step right foot back, step left foot turning 1/2 left, step right foot forward  
5-6            Rock left foot back, return weight on right  
7&8            Step left foot forward, step right foot to side turning 1/4 right, step left foot forward

### S4: RIGHT ROCK FORWARD, TRIPLE 1/4 TURN RIGHT, ROCK FORWARD, COASTER BACK

1-2            Rock forward on right foot, recover on left foot  
3&4            Step right foot forward, step left foot turning 1/4 right, step right foot forward  
5-6            Rock forward on left foot, return weight on right foot  
7&8            Step back on left foot, step right foot next to left, step left foot forward

### S5: SHUFFLE TO THE RIGHT, ROCK BACK, SHUFFLE TO THE LEFT ROCK BACK

1&2            Step right to right side, step left next to right, step right to right side  
3-4            Rock back on left foot, return weight on right foot  
5&6            Step left to left side, step right next to left, step left to left side  
7-8            Rock back on right foot and return weight on left foot

### S6: SHUFFLE FORWARD MAKING 1/4 TURN RIGHT, ROCK FORWARD, COASTER STEP, STEP FORWARD ON RIGHT, PIVOT HALF LEFT, STEP FORWARD LEFT

1&2            Step right foot to right side turning 1/4 right, step left beside right, forward on right  
3-4            Rock forward on left, recover on right  
5&6            Step back on left, step right beside left, step forward on left  
7-8            Step forward on right, pivot half turn left stepping on left

#### \*\*\*\*4 TAGS: □

\*1ST TAG: 3rd rotation, 6 o'clock wall, dance first 16 counts, then rock back, rock forward

\*\*2nd TAG: Dance counts 24 – 32, then rock forward, rock back, and Restart the dance

\*\*\*3rd TAG: 6th rotation, 12 o'clock wall, dance first 16 counts, then rock back, rock forward

\*\*\*\*4th TAG: Dance counts 24 – 32, then rock forward, rock back, and Restart the dance

#2 RESTARTS: 1st is after 2nd Tag and 2nd is after 4th Tag