

Celebrate (Donate) Life!

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Newcomer / Novice
編舞者: Kayla Cosgrove (USA) - June 2016
音樂: Celebrate - Pitbull



#16 Count Intro - Weight on Left Foot to Start

S1: □ V STEP, STEP TAPS WITH CELEBRATE ARMS

- 1,2 Step R up and out to R diagonal(1) Step L up and out to L diagonal(2)
3,4 Return R to home underneath you(3) Return L to home underneath you(4)
(This draws a V on the floor)
5,6 Step R to R side as you lift L arm up to L diagonal(5) Tap L back diagonal as you bring L arm down and across body to R hip while looking to the R side(6)
7,8 Step L to L side as you lift R arm up to R diagonal(7) Tap R back diagonal as you bring R arm down and across body to L hip while looking L(8)

S2: □ SIDE BEHIND, SIDE TOGETHER FORWARD, WALK X2, TAP AND HIP

- 1,2 Turn face forward and step R to R(1) Step L behind R(2)
3&4 Step Ro to R(3) Bring L together(&) Step R fwd(4)
5,6 Walk fwd L(5) Walk fwd R(6)
7&8 Tap L toes fwd(7) Lift L hip up(&) Bring L hip down shifting weight to R(8)

S3: □ WALK BACK X2, COASTER STEP, ¼ SIDE ROICK RECOVER, BEHIND SIDE FORWARD

- 1,2 Walk back L(1) Walk back R(2)
3&4 Step L back(3) Bring R back stepping together(&) Step L fwd(4)
5,6 Make a ¼ L as you rock R to R side(5) Recover weight to L(6)
7&8 Step R behind L(7) Step L to L side(&) Step R fwd and slightly across L(8)

S4: □ POINT FRONT SIDE, SAILOR STEP, STEP ½ X2

- 1,2 Point L toe fwd(1) Point L toe side(2)
3&4 Step L behind R(3) Step R slightly to R side(&) Step L slight to L side(4)
5,6 Step R fwd(5) Turn ½ turn L shifting weight fwd onto L foot(6)
7,8 Step R fwd(7) Turn ½ turn L shifting weight fwd onto L foot(8)

RINSE, REPEAT, ENJOY!

Dedication: Dedicated to my sister Tristia in Celebration of the 2-year anniversary of our kidney transplant experience, in the Kidney Exchange Program.

To the sister who, no matter how many hardships she has faced, has always been a shining ray of light and happiness... To the sister who continually shows the world that nothing can keep her down.... To the sister who has always been my rock, and who I can't imagine my life without. I love you!