# One More Night

拍數: 32

級數: Beginner

編舞者: Yona (INA) - August 2016

音樂: One More Night - Maroon 5

## Intro : 16 counts

## I. BRUSH, HITCH, STEP FORWARD, SWIVEL

- 1&2 Brush on R, hitch on R, step forward on R
- 3&4 Brush on L, hitch on L, step forward on L
- 5&6 Swivel on L-R-L
- 7&8 Swivel on R-L-R (weight on R)

# II. CROSS SIDE CROSS, LOCK SHUFFLE, POINT TO SIDE 2X, SAILOR 1/4 TURN L

- 1&2 Step L behind R, step R to side, cross L over R
- 3&4 Step R forward, step L behind R, step R forward
- 5&6 Point L to left side, touch L next to R, point L to left side
- 7&8 1/4 turn left step back on L, step R next to L, step forward on L

## III.□STEP DOWN-UP, FORWARD SHUFFLE

- 1, 2 Step R forward by bending both knees, straight both knees (weight on L)
- 3&4 Shuffle forward on R-L-R
- 5, 6 Step L forward by bending both knees, straight both knees (weight on R)
- 7&8 Shuffle forward on L-R-L

## IV.□WEAVE, SWEEP, POINT TO SIDE, HITCH BACK, HIP BUMP

- 1&2& Cross R over L, step L to side, step R behind L, sweep L to back
- 3&4 Step L behind R, step R to side, cross L over R
- 5&6 Point R to side, hitch R to back, point R to side
- 7&8 Hip bump L-R-L (weight on L)

## REPEAT

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**牆數:**4