

One More Night

COPPER KNOB
BY STEPHEN T. HARRIS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Yona (INA) - August 2016
音樂: One More Night - Maroon 5



Intro : 16 counts

I. □ BRUSH, HITCH, STEP FORWARD, SWIVEL

1&2 Brush on R, hitch on R, step forward on R
3&4 Brush on L, hitch on L, step forward on L
5&6 Swivel on L-R-L
7&8 Swivel on R-L-R (weight on R)

II. □ CROSS SIDE CROSS, LOCK SHUFFLE, POINT TO SIDE 2X, SAILOR ¼ TURN L

1&2 Step L behind R, step R to side, cross L over R
3&4 Step R forward, step L behind R, step R forward
5&6 Point L to left side, touch L next to R, point L to left side
7&8 ¼ turn left step back on L, step R next to L, step forward on L

III. □ STEP DOWN-UP, FORWARD SHUFFLE

1 , 2 Step R forward by bending both knees, straight both knees (weight on L)
3&4 Shuffle forward on R-L-R
5 , 6 Step L forward by bending both knees, straight both knees (weight on R)
7&8 Shuffle forward on L-R-L

IV. □ WEAVE, SWEEP, POINT TO SIDE, HITCH BACK, HIP BUMP

1&2& Cross R over L, step L to side, step R behind L, sweep L to back
3&4 Step L behind R, step R to side, cross L over R
5&6 Point R to side, hitch R to back, point R to side
7&8 Hip bump L-R-L (weight on L)

REPEAT

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