If I Ever Lost You

拍數: 32   牆數: 4   級數: Intermediate

編舞者: Jef Camps (BEL) - August 2016

音樂: Riot - Sara Haze

Info: ☐16 count intro

Choreographed for Summer Dance event hosted by WIL BOS (The Netherlands)

NC BASIC, SIDE, BEHIND, ¼ TURN FWD, FULL TURN, SWEEP, CROSS, BACK, BACK, CROSS, ½ TURN

1-2&	RF big step side, LF close behind RF, RF cross over LF
3&4&	LF step side, RF cross behind LF, ¼ turn L & LF step fwd, ½ turn L & RF step back
5-6&	½ turn L & LF step fwd while sweeping RF fwd, RF cross over LF, LF step diag. bwd
7&	RF step diag. bwd, LF cross over RF
8&	¼ turn L & RF step back, ¼ turn L & LF step fwd

STEP FWD, STEP, ¾ PIVOT, SIDE, PART OF A DIAMOND, CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, BEHIND, ¼ TURN STEP

1-2&	RF step fwd, LF step fwd, make ¾ turn R
3-4&	LF big step side, 1/8 turn R & RF step back, LF step back
5-6&	1/8 turn R & RF big step side, LF cross over RF, recover on RF
7&8&	LF rock side, RF recover, LF cross behind RF, ¼ turn R & RF step fwd

STEP FWD, STEP, ½ PIVOT, STEP FWD, ¼ TURN STEP SIDE, BEHIND, ¼ TURN STEP FWD, SWEEP, CROSS, ¼ TURN, SIDE, CROSS ROCK, RECOVER

1-2&	LF step fwd, RF step fwd, make ½ turn L putting weight on LF
3-4&	RF step fwd, ¼ turn R & LF step side, RF cross behind LF
5	¼ turn L & LF step fwd while sweeping RF fwd
6&7	RF cross over LF, LF step back, ¼ turn R & RF step side
8&	LF cross over RF, recover on RF

HALF OF A DIAMOND, CROSS ROCK, RECOVER, ¼ TURN STEP, STEP, ¾ SPIRAL

1-2&	LF big step side, 1/8 turn L & LF step fwd, RF step fwd
3-4&	1/8 turn L & RF big step side, 1/8 turn L & LF step back, RF step back
5	1/8 turn L & LF big step side
6&7	RF cross over LF, recover on LF, ¼ turn R & RF step fwd
8&	LF step fwd, make ¾ turn R on your LF while hooking RF in front of LF

Have fun!

Restart: in wall 3 you'll have to dance until count 6& of the second section (count14&) and add following steps to restart the dance at 12:00

7-8&	¼ turn L & LF step fwd, RF step fwd, make ½ turn L putting weight on LF

Tag: after wall 6, the music slows down, just add a 2 count tag

1-2	RF step side while swaying R, sway L putting weight on LF