

# Get Your Buzz On

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Will Craig (USA) - July 2016  
音樂: Wasting Time - Frankie Ballard



Count in: After 16 counts

## (1-8) □ Step Lock, Triple Step, Step Lock, Triple

1 2            Step R forward and to right side (1) Lock L behind R while popping R knee (2)  
3&4           Step R forward (3), Step L to R (&) Step R forward (4)  
5 6            Step L forward and to left side (5), Lock R behind L while popping L knee (6)  
7&8           Step L forward (6), Step R to L (7) Step L forward (8)

## (9-16) Rock, Coaster Step, Walk Walk, Triple Step

1 2            Rock R forward (1), Recover weight to L (2)  
3&4           Step R back (3), Step L next to R (&) Step R forward (4)  
5 6            Walk forward L (5) Walk forward R (6)  
7&8           Step L forward (7) Step R next to L (&) Step L forward (8)

## (17-24) Walk Walk in a ½ Turn, Triple ¼ Turn, Rock Recover, Rock Recover, Kick Ball Step

1 2            Start making ½ left while walking R (1), Finish the ½ turn while walking L (2) (6:00)  
3&4           Make a ¼ turn left while stepping R to right side (3) Step L to R (&) Step R to right side (4)  
5&6&          Rock L behind R (5) Recover weight to R (&) Rock L to left side (6) Recover weight to R (&)  
7&8           Kick L foot forward (7) Step L next to R (&) Step R forward (3:00)

## (25-32) Walk Walk, Triple ¼ Turn, Walk Around ¾ Turn

1 2            Walk L (1) Walk R (2)  
3&4           Make ¼ turn left stepping L foot forward (3) Step R to L (&) Step L forward (4)  
5678          Walk around in a ¾ turn left R (5) L (6) R (7) L (8) (3:00)

RESTARTS: -

On wall 3 Dance till count 16

On wall 7 Dance till count 16.

On wall 10 Dance till count 24. The last 4 counts of 24 will be:

Rock L behind R (5) Recover R (6) Rock L to left side (7) Touch R to L (8)

HAVE FUN!!!

Contact: [Empiredance@aol.com](mailto:Empiredance@aol.com)