

No Looking Back

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Ultra Beginner
編舞者: Pat Newell (USA) - July 2016
音樂: Walk On By - Scooter Lee : (16 counts in)



Alt. music: Back in My Arms, Leroy Parnell - 16 in - 128 bpm

Senior Dancing Series

Learning: walks, single step touches, vines, vines to ¼ wall, fan, heel stand

WALK BACK, TOUCH, WALK FORWARD, TOUCH

1-4 Walk back, RLR, touch L
5-8 Walk forward LRL, touch R

WALK BACK, TOUCH, BACK TOUCH, FORWARD, TOUCH, FORWARD TOUCH

1-4 Step back R, touch L, step back L, touch R
5-8 Step forward on R, touch L, step forward on L, touch R

RIGHT VINE WITH A TOUCH, LEFT VINE WITH ¼ TURN LEFT, TOUCH HEEL 9:00

1-4 Step R to R, left behind R, step R to side, touch L
5-8 Step L to L, R behind L, turn ¼ L on L, place R heel on floor (prepare for fan)

RIGHT FAN, LEFT FAN, RIGHT HEEL STAND , LEFT HEEL STAND

1-4 With R heel on floor, fan R toe to R, return R beside L, L heel on floor, fan L to L, return
5-8 Touch R heel forward, step R next to L, touch L heel forward, step L next to R

Start again

SMILE AND DANCE FOR THE HEALTH OF IT

No Tags, No Restarts
