

Not Today

拍數: 32 牆數: 4 級數: Improver
編舞者: Mawayani (NL) - August 2016
音樂: I Don't Feel Like Loving You Today - Gabrielle & Mr Fox



Intro : 8 counts

S1: ½ CROSS UNWIND, R LOCKSTEP, ROCK, RECOVER, BEHIND, ¼ TURN R, STEP FWD

1 RF Cross over LF
2 R + L ½ turn left, weight on LF
3 RF Step forward
& LF Lock behind RF
4 RF Step forward
5 LF Rock forward
6 RF Recover
7 LF Cross behind RF
& RF ¼ turn right, step forward
8 LF Step forward

S2: SIDE STEP, CLOSE, SCISSOR STEP, TOUCH FWD, TOUCH SIDEWAYS, ¼ SAILORSTEP L

1 RF Step to right side
2 LF Close together
3 RF Step to right side
& LF Close together
4 RF Cross over LF
5 LF Touch cross in front of RF
6 LF Touch to left side
7 LF ¼ turn left, cross behind RF
& RF Close next to LF
8 LF Step forward

S3: ¼ TURN L, ROCK BWD, RECOVER, ¼ TURN R, ROCK BWD, RECOVER, ½ TURN L BWD, HOOK, STEP, TOUCH

1 RF ¼ turn left, step to right side
2 LF Rock behind RF
& RF Recover
3 LF ¼ turn right, step backwards
4 RF Rock backwards
& LF Recover
5 RF ½ turn left, step backwards
6 LF Hook in front of RF
7 LF Step forward
8 RF Touch next to LF

S4: WEAVE, RECOVER, SIDE, CROSS, WEAVE, RECOVER, ¼ TURN R FWD, STEP FWD

1 RF Step to right side
& LF Cross behind RF
2 RF Step to right side
& LF Cross over RF
3 RF Recover
& LF Step to left side
4 RF Cross over LF

5 LF Step to left side
& RF Cross behind RF
6 LF Step to left side
& RF Cross over RF
7 LF Recover
& RF ¼ turn right, step forward
8 LF Step forward

Start over again

Ending: keep dancing untill count 4 & of block 3

5 RF ¾ Turn left

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