

Mom The Jive

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Roosamekto Mamek (INA) - August 2016
音樂: Mom (feat. Kelli Trainor) - Meghan Trainor



Intro: 32 counts

S1: ROCK BACK, RECOVER, SIDE CHASSE

1-2 Rock R back – Recover on L
3&4 Step R to side – Step L beside R – Step R to side
5-6 Rock L back – Recover on R
7&8 Step L to side – Step R beside L – Step L to side

S2: JAZZ BOX CROSS, RIGHT LINDY

1-4 Cross R over L – Step L back – Step R to side – Cross L over R
5&6 Step R to side – Step L beside R – Step R to side
7-8 Rock L back – Recover on R

S3: SHUFFLE TURN 1/2 RIGHT, BACK ROCK, SIDE CHASSE RIGHT & LEFT

1&2 Turn ¼ right step L to side – Step R beside L – Turn ¼ right step L back
3-4 Rock R back – Recover on L
5&6 Step R to side – Step L beside R – Step R to side
7&8 Step L to side – Step R beside L – Step L to side

S4: BACK ROCK, RECOVER, SHUFFLE TURN 1/2 LEFT, BACK ROCK, RECOVER, SIDE CHASSE

1-2 Rock R back – Recover on L
3&4 Turn ¼ left step R to side – Step L beside R – Turn ¼ left step R back
5-6 Rock L back – Recover on R
7&8 Step L to side – Step R beside L – Step L to side

S5: SYNCOPATED TOES TOUCH FORWARD, FORWARD LOCK SHUFFLE, FORWARD, PIVOT TURN 1/4 RIGHT, CROSS SHUFFLE

1&2& Touch R toes forward – Step R beside L – Touch L toes toward – Step L beside R
3&4 Step R forward – Lock L behind R – Step R forward
5-6 Step L forward – Turn ¼ right
7&8 Cross L over R – Step R to side – Cross L over R

S6: HINGED 1/2 TURN LEFT, FORWARD LOCK SHUFFLE, ROCK FORWARD, RECOVER, SIDE CHASSE TURN 1/4 LEFT

1-2 Turn ¼ left step R back – Turn ¼ left step L to side
3&4 Step R forward – Lock L behind R – Step R forward
5-6 Rock L forward – Recover on R
7&8 Turn ¼ left step L to side – Step R beside L – Step L to side

S7: KICK BALL CROSS (2X), SIDE, TOUCH

1&2 Kick R forward – Step R ball beside L – Cross L over R
3&4 Kick R forward – Step R ball beside L – Cross L over R
5-8 Step R to side – Touch L beside R – Step L to side – Touch R beside L

S8: SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER, SAILOR STEP

1-2 Rock R to side – Recover on L
3&4 Cross R behind L – Step L to side – Cross R over L
5-6 Rock L to side – Recover on R

7&8

Cross L behind R – Recover on R – Step L to side

REPEAT

RESTART 1: On wall 2 after 32 count

RESTART 2: On wall 5 after 48 count

For song & step sheet info, please contact: Roosamekto.Nugroho@gmail.com
