

First Thing This Morning

COPPER KNOB
STEP SHEETS

拍數: 48 牆數: 2 級數: Improver waltz
編舞者: Ozgur "Oscar" TAKAÇ (TUR) - August 2016
音樂: The Last Thing I Needed First Thing This Morning by Amanda Grace



Intro: 24 counts (00:17)

S1: BASIC FORWARD & BACK

1-2-3 Step L forward, R together, L in place
4-5-6 Step R back, L together, R in place

S2: ACROSS, SIDE, RECOVER, ACROSS, SIDE, RECOVER

1-2-3 Step L across, R side, recover on L
4-5-6 Step R across, L side, recover on R

S3: FORWARD, STEP ½ TURN, STEP, ¾ TURN IN PLACE

1-2-3 Step L forward, R forward, ½ turn L (06:00) and recover on L
4-5-6 Step R forward, ¼ turn R (09:00) in place and step L together, ½ turn R (03:00) in place and step R together

S4: ACROSS ROCK STEP, TOGETHER, ACROSS ROCK STEP, TOGETHER

1-2-3 Step L across, recover on R, step L together
4-5-6 Step R across, recover on L, step R together

S5: ACROSS, SWEEP ¼ TURN, TWINKLE

1-2-3 Step L across, sweep and make a ¼ turn L (12:00)
4-5-6 Step R across, L side, R diagonal forward

S6: ACROSS, SWEEP ¼ TURN, TWINKLE

1-2-3 Step L across, sweep and make a ¼ turn L (12:00)
4-5-6 Step R across, L side, R diagonal forward (01:30)

S7: STEP, DRAG, KICK, BACK, TOGETHER, FORWARD

1-2-3 Step L forward (still on 01:30), drag R together, kick R forward
4-5-6 R back, L together, R forward

S8: STEP, TOUCH BEHIND, 1/8 BACK, TOGETHER, STEP ¼ TURN, TOGETHER

1-2-3& Step L forward (still on 01:30), touch R behind, 1/8 turn L (12:00) and step R back, L together
4-5-6 Step R forward, ¼ turn L (06:00) and recover on L, step R together

REPEAT

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