Lover's Minuet

拍數: 32

級數: Improver

編舞者: HP Low (UK) - August 2016

音樂: A Lover's Concerto - The Toys

S1 - Cross rock with RF, recover and triple step RLR, Cross Rock with LF, recover and triple step LRL

- 1-2 Cross RF in front of LF, recover to LF
- 3&4 Step RF to R side, step on LF next to RF, step on RF next to LF
- 5-6 Cross LF in front of RF, recover to RF
- 7-8 Step LF to L side, step on RF next to LF, step on LF next to RF

S2 - Rock fwd with RF, recover & shuffle back RLR, rock back with LF 1/4 turn to R and shuffle LRL

- 1-2 Rock fwd with FT, recover to LF
- 3&4 Step RF back, step LF next to RF, step RF back
- 5-6 Rock LF back, recover to RF
- 7&8 turn ¼ to R, (3.00) step on LF, step RF next to LF, step LF to side

S3 -Sailor steps moving backwards, rock back with RF, recover to LF, shuffle fwd RLR

- 1&2 Sweep RF behind LF, Step LF to L side, Step RF to R side
- 3&4 Sweep LF behind RF, Step RF to R side, LF to L side
- 5-6 Rock back with RF, recover to LF
- 7&8 Step RF fwd, step LF behind RF, step RF fwd

S4 - Paddle ¼ turn to R, step point x 3

- 1-2 Step LF fwd, ¼ turn to R,(6.00) weight on R
- 3-4 Step LF fwd, touch RF to R side
- 5-6 Step RF fwd, touch LF to L side
- 7-8 Step LF fwd, touch RF to R side

TAG: There is a 4 count TAG on Wall 2, after the second repetition

Perform a "Rocking Chair" starting with the RF

- 1-2 Rock fwd with RF , recover to LF
- 3-4 Rock back with RF recover with LF

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Last Update - 4th Aug 2016





牆數:2

X: 2